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## MARCH 2023

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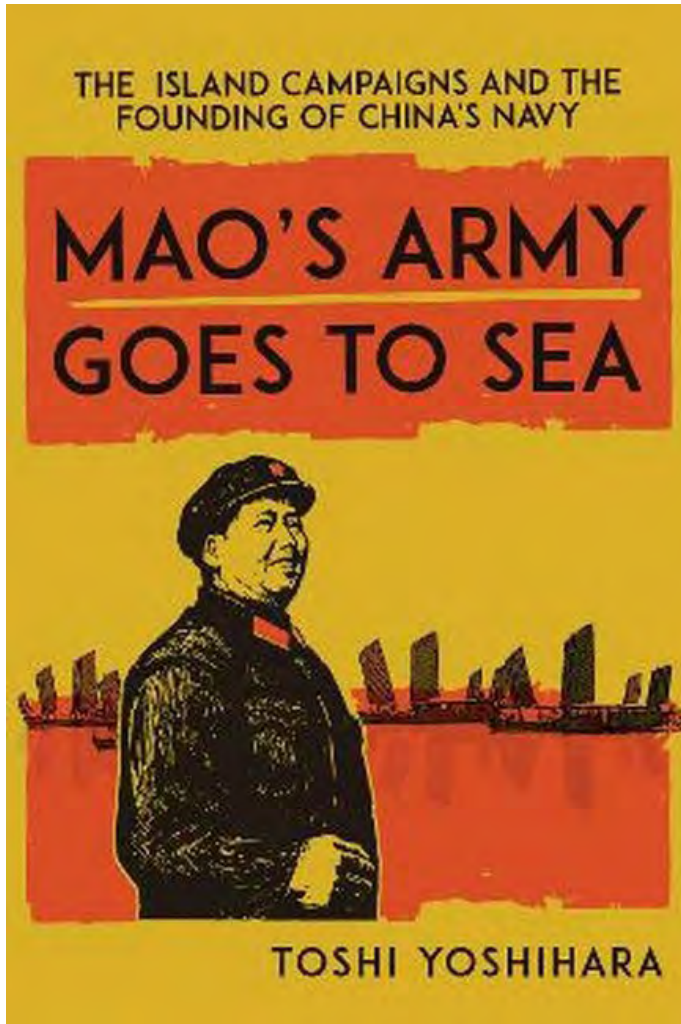


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**ACADEMIC &  
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TITLES  
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## Mao's Army Goes to Sea

The Island Campaigns and the Founding of China's Navy

*By Yoshihara Toshi*

New details about the founding of China's Navy reveals critical historical context and insight into future strategy. From 1949 to 1950, the People's Liberation Army (PLA) made crucial decisions to establish a navy and secure China's periphery.

The civil war had been fought with a peasant army, yet to capture key offshore islands from the Nationalist rival, Mao Zedong needed to develop maritime capabilities. *Mao's Army Goes to Sea* is a ground-breaking history of the founding of the Chinese navy and Communist China's earliest island-seizing campaigns.

In this definitive account of a little-known yet critical moment in China's naval history, Toshi Yoshihara shows that Chinese leaders refashioned the stratagems and tactics honed over decades of revolutionary struggle on land for nautical purposes. Despite significant challenges, the PLA ultimately scored important victories over its Nationalist foes as it captured offshore islands to secure its position.

Drawing extensively from newly available Chinese-language sources, this book reveals how the navy-building process, sea battles, and contested offshore landings had a lasting influence on the PLA. Even today, the institution's identity, strategy, doctrine, and structure are conditioned by these early experiences and myths. *Mao's Army Goes to Sea* will help US policymakers and scholars place China's recent maritime achievements in proper historical context and provide insight into how its navy may act in the future.

**AUD RRP:** \$70.99

**Due Date:** March 2023

**Format:** Paperback

**Illustration:** B&W Throughout

**ISBN-13:** 9781647122829

**Discount:** Acad & Professional

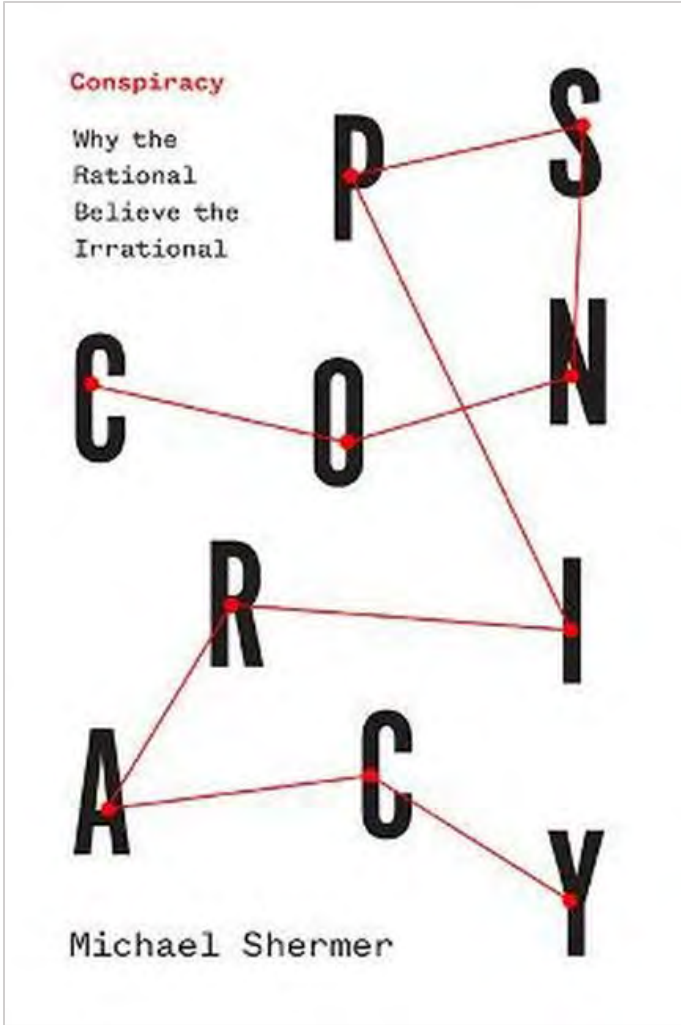
**Size:** 229 X 152

**Pages:** 200



### **Author Bio:**

Toshi Yoshihara is a senior fellow at the Center for Strategic and Budgetary Assessments and an adjunct professor in the Security Studies Program at Georgetown University. He was previously the John A. van Beuren Chair of Asia-Pacific Studies at the US Naval War College and coauthored *Red Star over the Pacific: China's Rise and the Challenge to US Maritime Strategy*.



### Conspiracy

Why the Rational Believe the Irrational

*By Shermer Michael*

Best-selling author Michael Shermer presents an overarching theory of conspiracy theories—who believes them and why, which ones are real, and what we should do about them.

Nothing happens by accident, everything is connected, and there are no coincidences: that is the essence of conspiratorial thinking. Long a fringe part of the American political landscape, conspiracy theories are now mainstream: 147 members of Congress voted in favour of objections to the 2020 presidential election based on an unproven theory about a rigged electoral process promoted by the mysterious group QAnon.

But this is only the latest example in a long history of ideas that include the satanic panics of the 1980s, the New World Order and Vatican conspiracy theories, fears about fluoridated water, speculations about President John F. Kennedy's assassination, and the notions that the Sandy Hook massacre was a false flag operation and 9/11 was an inside job.

In *Conspiracy*, Michael Shermer presents an overarching review of conspiracy theories—who believes them and why, which ones are real, and what we should do about them. Trust in conspiracy theories, he writes, cuts across gender, age, race, income, education level, occupational status—and even political affiliation.

**Author Bio:**

Michael Shermer (SANTA BARBARA, CA) is the publisher of Skeptic magazine, a Presidential Fellow at Chapman University, the host of the popular podcast The Michael Shermer Show, and the Skeptic Substack weekly columnist. He is the author of many New York Times–bestselling books, including *Why People Believe Weird Things: Pseudoscience, Superstition, and Other Confusions of Our Time*, *The Believing Brain: From Ghosts and Gods to Politics and Conspiracies—How We Construct Beliefs and Reinforce Them as Truths*, and *The Moral Arc: How Science Makes Us Better People*.

**AUD RRP:** \$66.99

**Due Date:** March 2023

**Format:** Hardback

**Illustration:** B&W Throughout

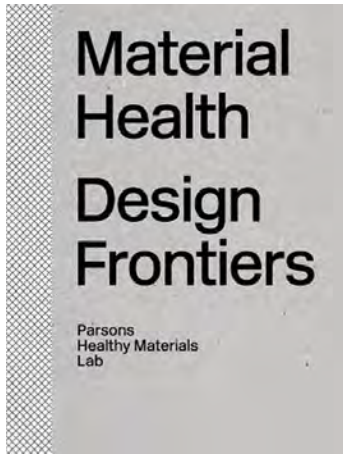
**ISBN-13:** 9781421444451

**Discount:** Acad & Professional

**Size:** 229 X 152

**Pages:** 384





**Material Health**

*By Parsons Healthy Materials Lab*  
LUND HUMPHRIES PUBLISHERS LTD



The UN identifies chemical usage as a particular global concern, destructive to land, water, and air, negatively affecting both human health and environmental wellbeing. Carbon pollution from production of building materials contributes to an estimated 11% of all global emissions.

**AUD RRP:** \$127.00  
**Due Date:** March 2023  
**Format:** Hardback  
**Illustration:** Colour Section(S)

**ISBN-13:** 9781848226173  
**Discount:** Trade International  
**Size:** 250 X 190  
**Pages:** 272



**Drawing Architecture**

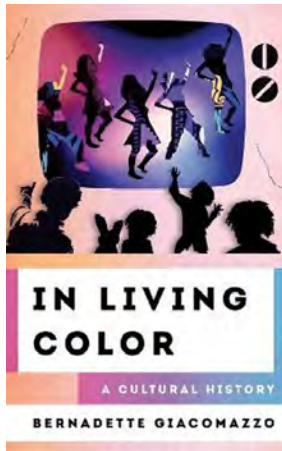
*By Dorrian Mark*  
LUND HUMPHRIES PUBLISHERS LTD



This book explores, debates and exhibits practices of contemporary architectural drawing, taking at its basis a series of meetings between a cohort of architects, critics and curators who discussed contemporary drawing practices and production in their own work and research.

**AUD RRP:** \$133.00  
**Due Date:** March 2023  
**Format:** Hardback  
**Illustration:** Colour Section(S)

**ISBN-13:** 9781848226203  
**Discount:** Trade International  
**Size:** 260 X 210  
**Pages:** 208



**In Living Color**

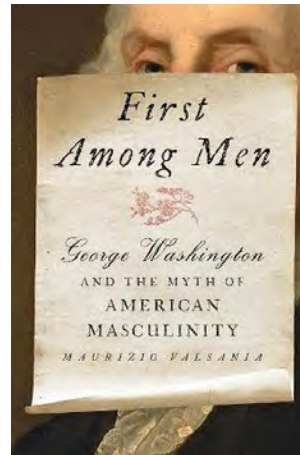
*By Giacomazzo Bernadette*  
ROWMAN & LITTLEFIELD PUBLISHERS



An entertaining yet conscientious examination of the popular sketch shows, *In Living Color*, which broke racial, cultural, and comedy boundaries; launched the careers of stars such as Jamie Foxx and Jim Carrey; and helped shape comedy in the 21st century.

**AUD RRP:** \$63.99  
**Due Date:** 15/02/2023  
**Format:** Hardback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781538166574  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 240



**First Among Men**

*By Valsania Maurizio*  
JOHNS HOPKINS UNIVERSITY PRESS



*First Among Men* tells the fascinating story of a living and breathing person who loved, suffered, moved, gestured, dressed, ate, drank, and had sex in ways that may be surprising to many Americans. Valsania presents a full, complete portrait of Washington as readers have rarely seen him before: as a man, a son, a father, and a friend.

**AUD RRP:** \$70.99  
**Due Date:** March 2023  
**Format:** Hardback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781421444475  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 416



### Down to the Bone

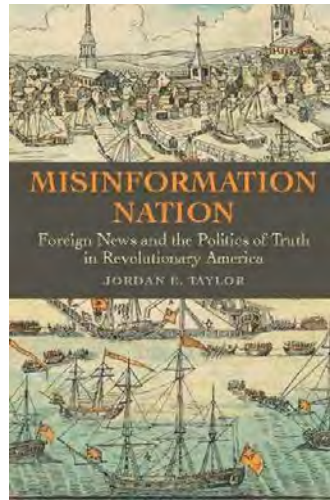
**By Pioli Catherine**  
PENN STATE UNIVERSITY PRESS



A narrative, in graphic novel format, of the author's life and experiences as a leukemia patient. A professional illustrator, Catherine decides to tell the story of her disease in this graphic novel, and she does so with great sincerity, humour, and rare lucidity.

**AUD RRP:** \$63.99  
**Due Date:** March 2023  
**Format:** Hardback

**ISBN-13:** 9781637790342  
**Discount:** Acad & Professional  
**Size:** 257 X 191  
**Pages:** 152



### Misinformation Nation

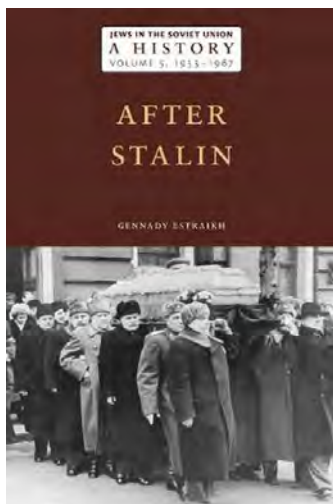
**By Taylor Jordan E.**  
JOHNS HOPKINS UNIVERSITY PRESS



In addition to making a striking and original argument about the founding of the United States, *Misinformation Nation* will be a valuable prehistory to our current political moment.

**AUD RRP:** \$88.99  
**Due Date:** 19/11/2022  
**Format:** Hardback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781421444499  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 288



### Jews in the Soviet Union: After Stalin

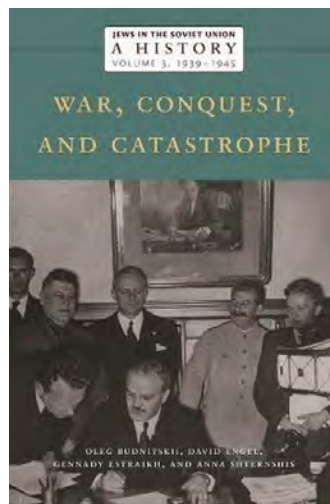
**By Estraiikh Gennady**  
NEW YORK UNIVERSITY PRESS



Offers an analysis of Soviet Jewish society after the death of Joseph Stalin At the beginning of the twentieth century, more Jews lived in the Russian Empire than anywhere else in the world. This groundbreaking work draws on rare access to documents from the Soviet archives, allowing for the presentation of a sweeping history of Jewish life in the Soviet Union from 1917 through the early 1990s.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Hardback

**ISBN-13:** 9781479819461  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 416



### Jews in the Soviet Union: War, Conquest, and Catastrophe

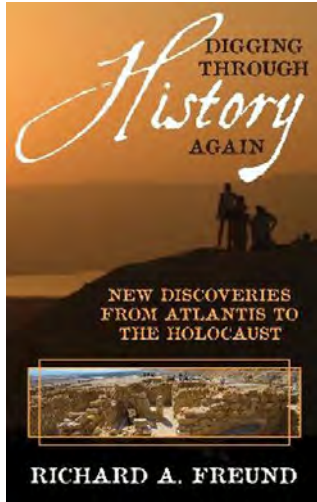
**By Budnitskii Oleg**  
NEW YORK UNIVERSITY PRESS



Provides a comprehensive history of Soviet Jewry during World War II At the beginning of the twentieth century, more Jews lived in the Russian Empire than anywhere else in the world. After the Holocaust, the USSR remained one of the world's three key centres of Jewish population, along with the United States and Israel.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Hardback

**ISBN-13:** 9781479819430  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 448



### Digging through History Again

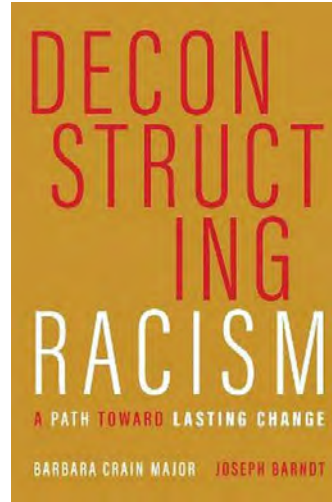
By Freund Richard A.  
ROWMAN & LITTLEFIELD PUBLISHERS



This book follows renowned archaeologist Richard Freund's journey through some of the most fascinating archaeological sites of human history-including the mysterious Atlantis, Qumran and the Dead Sea Scrolls caves, and the long-buried Holocaust camp Sobibor.

AUD RRP: \$67.99  
Due Date: March 2023  
Format: Hardback  
Illustration: Colour Section(S)

ISBN-13: 9781538136225  
Discount: Acad & Professional  
Size: 229 X 152  
Pages: 208



### Deconstructing Racism

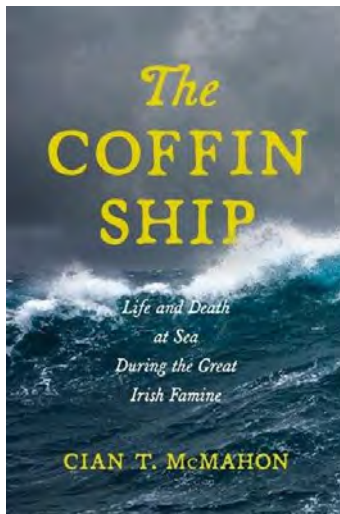
By Major Barbara Crain  
1517 MEDIA



Deconstructing Racism explores why change has been so difficult to come by and offers new paths toward lasting change through the deconstruction of racism's roots within systems and institutions. It speaks to people in both church and society who are or have been working to dismantle institutional and systemic racism.

AUD RRP: \$52.99  
Due Date: 27/03/2023  
Format: Paperback

ISBN-13: 9781506470115  
Discount: Trade International  
Size: 229 X 152  
Pages: 224



### The Coffin Ship

By McMahon Cian T.  
NEW YORK UNIVERSITY PRESS



Honourable Mention, Theodore Saloutos Book Award, given by the Immigration and Ethnic History Society. A vivid, new portrait of Irish migration through the letters and diaries of those who fled their homeland during the Great Famine.

AUD RRP: \$52.99  
Due Date: 01/12/2022  
Format: Paperback  
Illustration: B&W Throughout

ISBN-13: 9781479820535  
Discount: Acad & Professional  
Size: 229 X 152  
Pages: 328



### The Little Guide to Getting Your Journal Article Published

By Bond John  
ROWMAN & LITTLEFIELD PUBLISHERS



The Little Guide to Getting Your Journal Article Published is a practical step-by-step guide for the novice or uncertain author on how to get published. The book can be read all the way through or serve as a spot reference guide as authors wind their way through the process.

AUD RRP: \$51.99  
Due Date: 15/12/2022  
Format: Paperback

ISBN-13: 9781475868531  
Discount: Trade International  
Size: 216 X 140  
Pages: 120





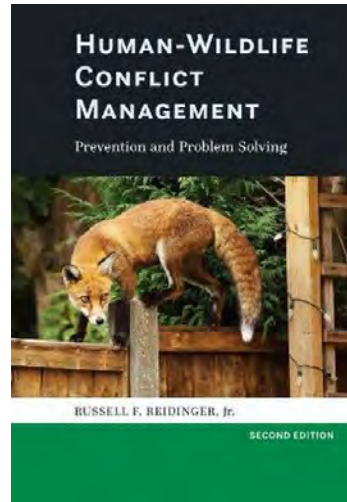
**The Fault in Our Sars**

**By Wallace Rob**  
NEW YORK UNIVERSITY PRESS



The Trump administration's neglect and incompetence helped put half-a-million Americans in the ground, dead from COVID-19. Joe Biden was elected president in part on the promise of setting us on a science-driven course correction, but a little more than a year later, another half-a-million Americans were killed by the virus.

**AUD RRP:** \$59.99      **ISBN-13:** 9781583679937  
**Due Date:** 02/02/2023      **Discount:** Acad & Professional  
**Format:** Paperback      **Size:** 210 X 140  
   **Pages:** 368



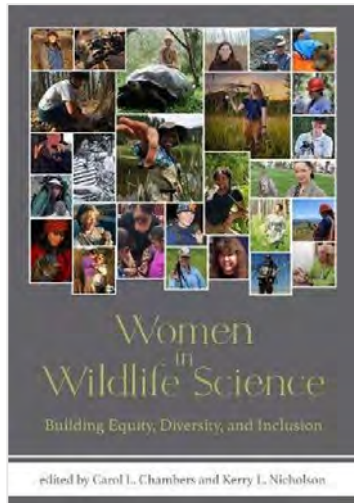
**Human-Wildlife Conflict Management**

**By Reidinger Russell F.**  
JOHNS HOPKINS UNIVERSITY PRESS



The latest edition of this classic guide details how to understand and resolve a broad array of human-wildlife conflicts. This new edition of *Human-Wildlife Conflict Management* updates our understanding of the human dimensions, as well as biological and ecological concepts, underlying human-wildlife conflicts.

**AUD RRP:** \$197.00      **ISBN-13:** 9781421445250  
**Due Date:** 10/10/2022      **Discount:** Acad & Professional  
**Format:** Hardback      **Size:** 254 X 178  
**Illustration:** B&W Throughout      **Pages:** 272



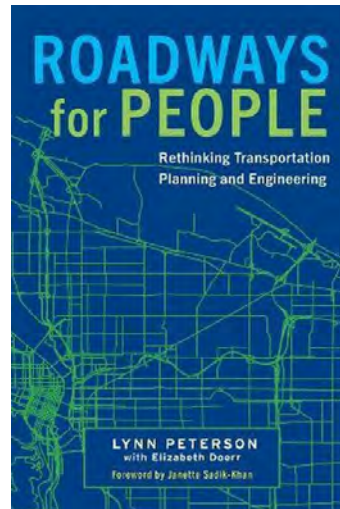
**Women in Wildlife Science**

**By Chambers Carol L.**  
JOHNS HOPKINS UNIVERSITY PRESS



*Women in Wildlife Science* is a pragmatic guide to ensuring a more diverse, just, and equitable future for a workforce dedicated to preserving not just wildlife but the very fabric of the natural world.

**AUD RRP:** \$111.00      **ISBN:** 9781421445021  
**Due Date:** March 2023      **Discount:** Acad & Professional  
**Format:** Hardback      **Size:** 254 X 178  
**Illustration:** B&W Throughout      **Pages:** 408



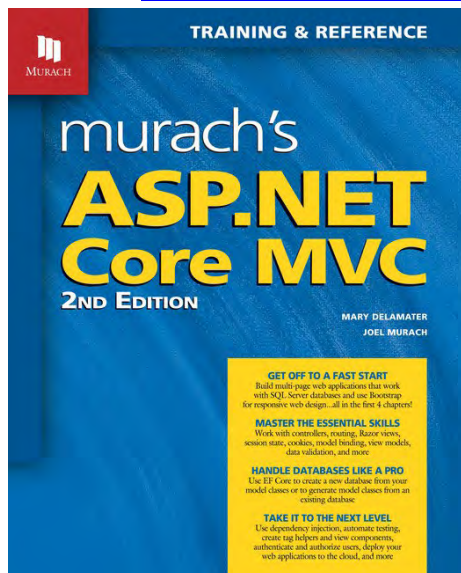
**Roadways for People**

**By Peterson Lynn**  
ISLAND PRESS



In *Roadways for People*, Lynn Peterson draws from her personal experience and interviews with leaders in the field to showcase new possibilities within transportation engineering and planning.

**AUD RRP:** \$65.99      **ISBN-13:** 9781642832235  
**Due Date:** March 2023      **Discount:** Trade International  
**Format:** Paperback      **Size:** 229 X 152  
   **Pages:** 244



### Murach's ASP.NET Core MVC 2/e

By Murach Joel

This 2nd Edition of *Murach's ASP.NET Core MVC* does a better job than ever of delivering the skills you need to develop websites using the MVC (Model-View-Controller) pattern with ASP.NET Core.

If you know the basics of C#, you'll quickly learn to code the way today's top web professionals do. Each section features clear, beginner-friendly examples and easy-to-understand explanations that walk you through crucial skills, best practices, and helpful tips.

This book shows how to develop responsive web apps that follow the MVC pattern, so they'll be easy to maintain as they grow and change. Then, it shows how to test and debug these apps using the debugging tools provided by Visual Studio and your browser.

Section 2 builds out that set of skills to create more complex controllers, work with Razor views, handle cookies and sessions, work with model binding, validate data, and use EF Core to work with databases.

Finally, section 3 presents additional skills that you can learn when you need them. Automate testing by using dependency injection and unit tests.

**AUD RRP:** \$121.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781943873029  
**Discount:** Acad & Professional  
**Size:** 254 X 203  
**Pages:** 816



### Murach's R for Data Analysis

By McCoy Scott

These days, businesses are collecting massive amounts of data. But this data isn't valuable until someone analyses it to gain insights that can be used to make decisions. That's why the US Bureau of Labor Statistics (BLS) predicts that the demand for data analysts will continue to grow for the rest of the decade.

Now, with *Murach's R for Data Analysis* as a guide, you can learn the R skills you need to become a data analyst, and you can learn them faster and better than ever before.

Thanks to its unique paired-pages format this book works equally well if you're new to programming or if you're an experienced programmer. You'll get started fast by learning only the parts of the R language that you need for data analysis. Then, you'll learn how to use R with the tidyverse package to get, clean, prepare, analyse, and visualize data at a professional level. By the end of this book, you'll be creating linear regression models and classification models and using them to make predictions. This book contains three realistic analyses that use real-world data. That's because we believe that studying analyses like these is critical to the learning process.

**AUD RRP:** \$125.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Colour Section(S)

**ISBN-13:** 9781943873036  
**Discount:** Acad & Professional  
**Size:** 254 X 203  
**Pages:** 576





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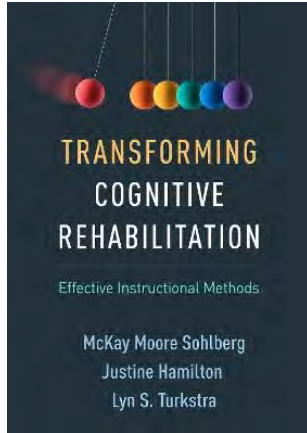
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## Transforming Cognitive Rehabilitation



*Sohlberg McKay Moore*

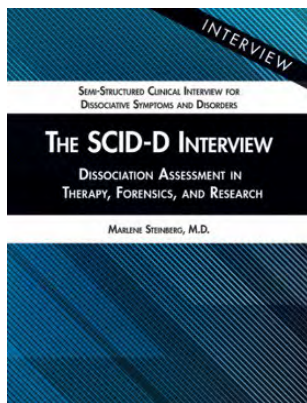
Grounded in cutting-edge knowledge about cognitive function and recovery from brain injury, this practical reference and text builds on the authors' influential earlier work, *Optimizing Cognitive Rehabilitation*. It incorporates major advances in the field to provide a new framework for assessing patients and developing individualized rehabilitation plans. The distinguished authors present principles and procedures for promoting engagement, teaching cognitive strategies and discrete facts and routines, introducing external cognitive aids, and supporting patients' social competence. Additional topics include considerations for using computer-based training, managing functional cognitive symptoms, and providing cognitive rehabilitation in the inpatient setting. The book features detailed case illustrations and filled-out examples of 19 reproducible planning and progress monitoring forms.

**GUILFORD PUBLICATIONS**

**AUD RRP:** \$137.00  
**ISBN13:** 9781462550876  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Hardback  
**Pages:** 322  
**Size:** 254 X 178



## The SCID-D Interview



*Steinberg Marlene*

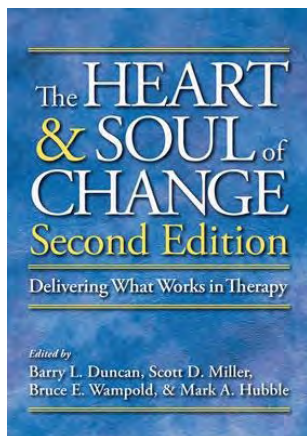
Systematic assessment of dissociation is essential for accurate diagnosis and effective treatment of trauma survivors. The SCID-D is an interactive, semi-structured interview for assessing dissociative symptoms and disorders in adults and adolescents based on Dr. Steinberg's innovative Five Component Model of Dissociation Assessment (amnesia, depersonalization, derealization, identity confusion, and identity alteration). Over 30 years of worldwide research and clinical use have confirmed the reliability and validity of the SCID-D interview, and its universality across cultures. The interview has demonstrated a powerful ability to distinguish people with dissociative symptoms and disorders from those with other conditions, and it is widely regarded as the gold standard in the field. This edition of the SCID-D includes all the psychometrically validated interview questions of previous editions, preserving its excellent psychometric properties.

**AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING**

**AUD RRP:** \$233.00  
**ISBN13:** 9781615373420  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 170  
**Size:** 279 X 213



## The Heart and Soul of Change



*Duncan Dr Barry L.*

The editors of this second edition have created a new and enriched volume that presents the most recent research on what works in therapeutic practice, a thorough analysis of this research, and practical guidance on how a therapist can truly "deliver what works in therapy." *The Heart and Soul of Change*, now in paperback, examines the common factors underlying effective psychotherapy and brings the psychotherapist and the client-therapist relationship back into focus as key determinants of psychotherapy outcome. This edition also demonstrates the power of systematic client feedback to improve effectiveness and efficiency and legitimize psychotherapy services to third party payers.

**AMERICAN PSYCHOLOGICAL ASSOCIATION**

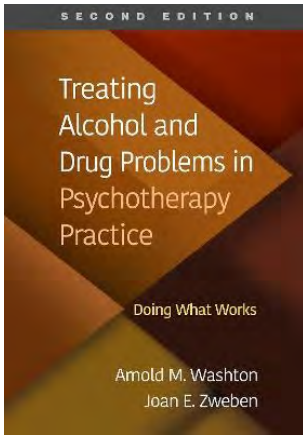
**AUD RRP:** \$165.00  
**ISBN13:** 9781433842108  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback





## Treating Alcohol and Drug Problems in Psychotherapy Practice

**GUILFORD PUBLICATIONS**



*Washton Arnold M.*

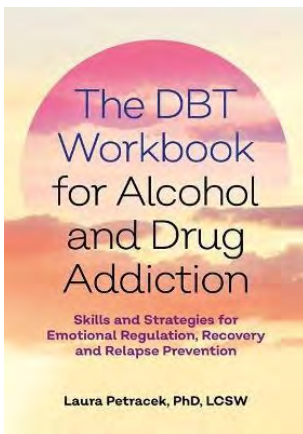
Providing a framework for treating substance use disorders (SUDs) in office-based psychotherapy, the second edition of this trusted work has been updated throughout and features two entirely new chapters. The authors show how clinicians from any background can leverage the therapeutic skills they already have to address clients' alcohol and drug problems competently and effectively. Vivid case examples demonstrate ways to engage clients at different stages of change; set collaborative treatment goals; address SUDs concurrently with other psychological problems; and interweave motivational, cognitive-behavioral, and other interventions, tailored to everyone's needs.

**AUD RRP:** \$79.99  
**ISBN13:** 9781462550869  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 290  
**Size:** 229 X 152



## The DBT Workbook for Alcohol and Drug Addiction

**JESSICA KINGSLEY PUBLISHERS**



*Petracek Laura J.*

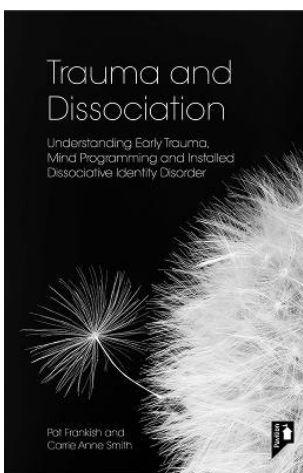
When recovering from addiction and managing a mental illness, it can feel like both can take over your life. Applying the principles of Dialectical Behaviour Therapy (DBT) to the 12 Steps addiction recovery approach, this workbook equips you with the tools to regulate your emotions, develop self-management skills, reduce anxiety, and stress, and feel yourself again. DBT is a type of talking therapy tailored to those who feel emotions very intensely. Exploring skills and strategies drawn from DBT that correspond with each of the 12 Steps, this book provides a new roadmap to reduce symptoms of emotional distress and to support your sobriety and mental health. Written by clinical psychologist, Laura Petracek, this ground-breaking workbook draws on the author's clinical and lived experience of addiction recovery and bipolar disorder.

**AUD RRP:** \$46.99  
**ISBN13:** 9781839972522  
**Due Date:** March 2023  
**Discount:** TRADE INTERNATIONAL  
**Format:** Paperback  
**Pages:** 144  
**Size:** 246 X 173



## Trauma and Dissociation

**PAVILION PUBLISHING & MEDIA**

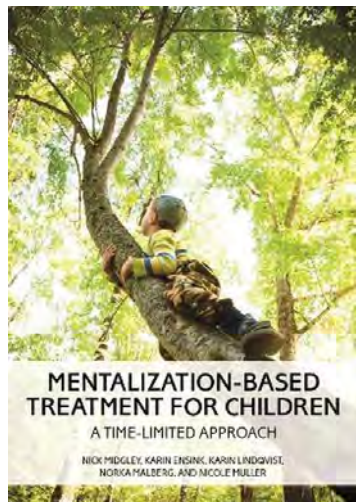


*Frankish Pat*

With a focus on the use of systemic mind control in the context of cults and the associated trauma of this ritualistic abuse, this book addresses a gap in resources to provide training and therapeutic approaches to both those living with mind control and Dissociative Identity Disorder (DID), and those who support them such as a career, family member or mental health professional. DID is a condition that is provoked from the experience of being mind controlled, enabling abusers to manipulate their victims during and beyond the period of abuse, whilst simultaneously occurring naturally as a survival mechanism. Developed from both lived experience and expert knowledge from a specialist in trauma work, content covers therapeutic approaches such as attachment theory and trauma-informed care, established training approaches for support staff and personal survival stories. The book aims to inform and empower survivors and supporters and aid the journey towards the understanding and tolerance of a complex psychological condition.

**AUD RRP:** \$80.99  
**ISBN13:** 9781803882031  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 228  
**Size:** 234 X 156  
**Illustrations:** NOT ILLUSTRATED





### Mentalization-Based Treatment for Children

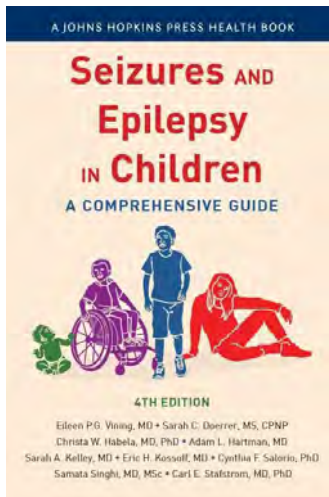
By *Midgley Nick*  
AMERICAN PSYCHOLOGICAL ASSOCIATION



New in paperback. This book is the first comprehensive clinical introduction to using Mentalization-based treatment (MBT) with children, 5-12 years old.

**AUD RRP:** \$178.00  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781433842436  
**Discount:** Acad & Professional  
**Size:** 254 X 178  
**Pages:** 268



### Seizures and Epilepsy in Children

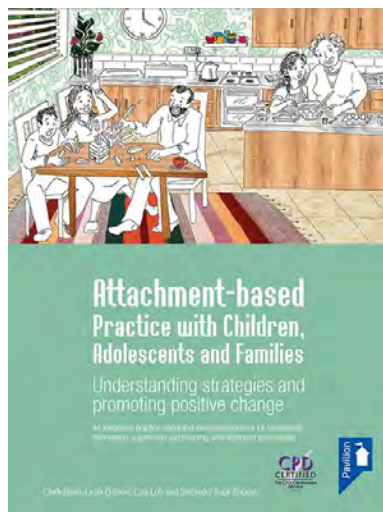
By *Vining Eileen P. G.*  
JOHNS HOPKINS UNIVERSITY PRESS



Seizures and Epilepsy in Children is the go-to resource for caregivers and families with children who have epilepsy and seizures.

**AUD RRP:** \$55.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781421445090  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 368



### Attachment-based Practice with Children, Adolescents and Families

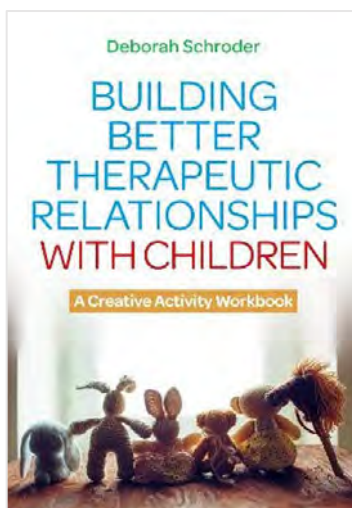
By *Clark Baim and Lydia Guthrie*  
PAVILION PUBLISHING & MEDIA



Over recent decades, attachment theory has come to be seen as fundamental to understanding not only childhood development and how people survive and grow, but also the capacity of partners, parents, and carers to offer safe and consistent care, particularly under difficult conditions.

**AUD RRP:** \$117.00  
**Due Date:** March 2023  
**Format:** Spiral bound  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880655  
**Discount:** Acad & Professional  
**Size:** 306 X 238  
**Pages:** 288



### Building Better Therapeutic Relationships with Children

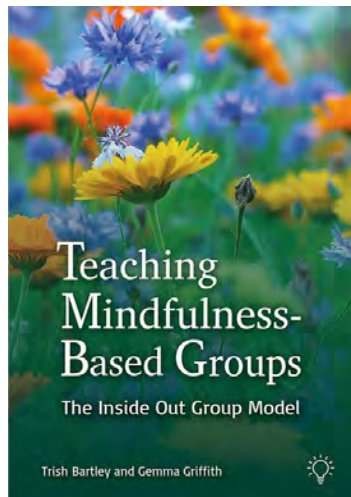
By *Schroder Deborah*  
JESSICA KINGSLEY PUBLISHERS



Building therapeutic relationships with children is one of the largest challenges faced by therapists and counselors. This simple workbook provides easy-to-implement creative ideas and activities to strengthen therapeutic relationships and address common challenges.

**AUD RRP:** \$60.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781787759688  
**Discount:** Trade International  
**Size:** 297 X 210  
**Pages:** 112



### Teaching Mindfulness-Based Groups

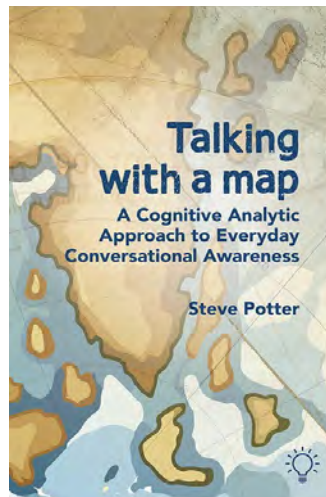
By **Trish Bartley and Gemma Griffith**  
PAVILION PUBLISHING & MEDIA



Mindfulness offers individuals the means to enhance their well-being by changing the way they relate to challenging experiences.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880846  
**Discount:** Acad & Professional  
**Size:** 246 X 189  
**Pages:** 400



### Talking with a Map

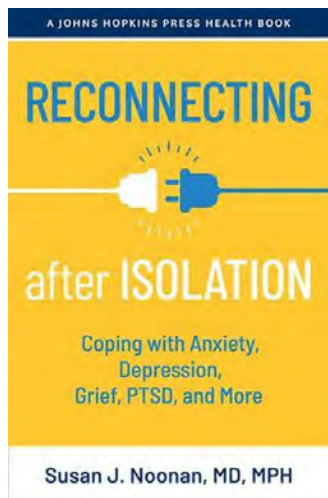
By **Potter Steve**  
PAVILION PUBLISHING & MEDIA



This book explores the interplay between how we talk and how we relate. We learn to relate before we learn to talk, and every conversation depends on making sense of our interactions as much as our language.

**AUD RRP:** \$77.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781914010866  
**Discount:** Acad & Professional  
**Size:** 234 X 156  
**Pages:** 228



### Reconnecting after Isolation

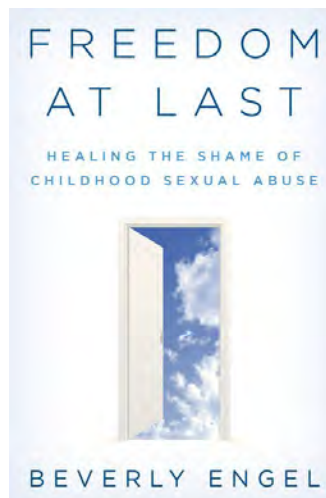
By **Noonan Susan J.**  
JOHNS HOPKINS UNIVERSITY PRESS



Accessible and compassionate, *Reconnecting after Isolation* empowers individuals to manage their own challenges, offering them a better chance of recovery and of staying well.

**AUD RRP:** \$44.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781421444239  
**Discount:** Trade International  
**Size:** 216 X 140  
**Pages:** 272



### Freedom at Last

By **Engel Beverly**  
ROWMAN & LITTLEFIELD PUBLISHERS



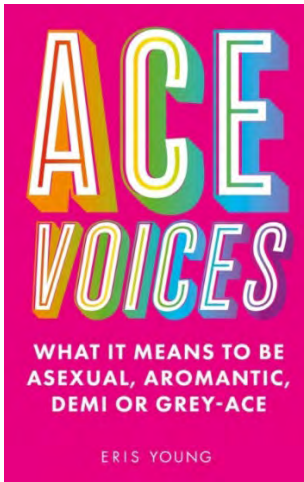
Childhood sexual abuse (or child sexual abuse/CSA) is not only an assault on the body-it is an assault on the mind and on the spirit. It is an insult to the victim's integrity, her self-esteem, his very being.

**AUD RRP:** \$44.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781633888043  
**Discount:** Trade International  
**Size:** 229 X 152  
**Pages:** 286



### Ace Voices



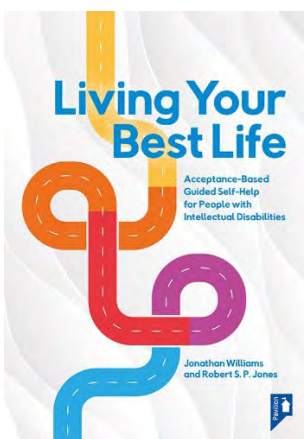
*Young Eris*

How do we experience attraction? What does love mean to us? When did you realise you were ace? This is the ace community in their own words. Drawing upon interviews with a wide range of people across the asexual spectrum, Eris Young is here to take you on an empowering, enriching journey through the rich multitudes of asexual life. With chapters spanning everything from dating, relationships and sex to mental and emotional health, family, community and joy, the inspirational stories and personal experiences within these pages speak to aces living and loving in unique ways. Find support amongst the diverse narratives of aces sex-repulsed and sex-favourable, alongside voices exploring what it means to be black and ace, to be queer and ace, or ace and multi-partnered - and use it as a springboard for your own ace growth.

**JESSICA KINGSLEY PUBLISHERS**  
**AUD RRP:** \$44.99  
**ISBN13:** 9781787756984  
**Due Date:** March 2023  
**Discount:** TRADE INTERNATIONAL  
**Format:** Paperback  
**Pages:** 288  
**Size:** 216 X 138  
**Illustrations:** B&W THROUGHOUT



### Living Your Best Life



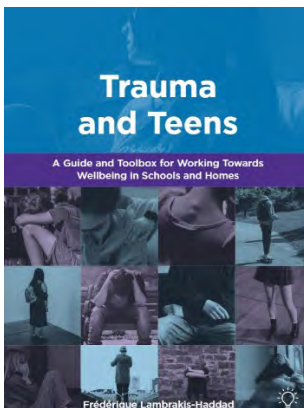
*Williams Jonathan and Jones Robert*

Sometimes, we can all try so hard to avoid causing ourselves pain that we don't live our lives to the full - and people with intellectual disabilities are no different. Based on principles of Acceptance and Commitment Therapy (ACT), Living Your Best Life provides guided self-help materials for a person with intellectual disabilities to work through alongside a supporter such as a paid carer, family member or mental health professional. The tools and guidance help the individual identify what is important to them and move towards a life where worries and doubts do not stop them doing activities they enjoy or trying new things. Each chapter includes separate sections for supporters and for the person with intellectual disabilities (which can be read to them if necessary).

**PAVILION PUBLISHING & MEDIA**  
**AUD RRP:** \$79.99  
**ISBN13:** 9781803881959  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 128  
**Size:** 297 X 210  
**Illustrations:** NOT ILLUSTRATED



### Trauma and Teens



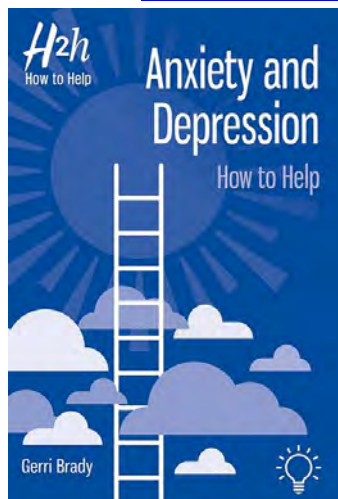
*Frederique Lambrakis-Haddad*

Trauma Informed aims to create increased therapeutic and empathetic understanding of adolescents and their traumas. Part One addresses four types of trauma - acute, chronic, complex, and historic or transgenerational - through a series of case studies. The author uses the voice of the teen, the voice of the parent or carer and the voice of the educator to present each case in detail, complete with suggested interventions. Part Two focuses on simplifying therapeutic concepts such as attachment theory and the stages of grief, and the final chapter offers strategies for ongoing management in the form of a trauma toolbox. This comprises grounding techniques for calming down or boosting energy, advice for self-care via good sleep and nutrition, and guidance for enabling troubled young people to feel secure, open and begin the healing process by cultivating an attitude of PACE (Playfulness, Acceptance, Curiosity and Empathy).

**PAVILION PUBLISHING & MEDIA**  
**AUD RRP:** \$99.99  
**ISBN13:** 9781803880082  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 128  
**Size:** 297 X 210  
**Illustrations:** NOT ILLUSTRATED







### Anxiety and Depression

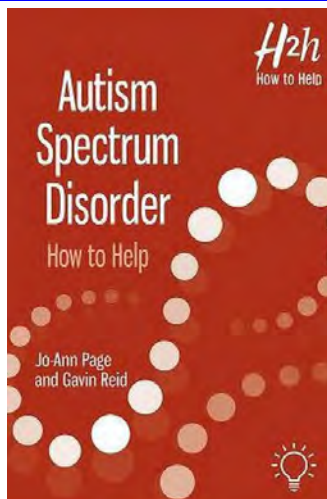
**By Geraldine Brady**  
PAVILION PUBLISHING & MEDIA



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, Anxiety and Depression offers a complete introduction to these complex, sensitive topics.

**AUD RRP:** \$66.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880464  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 220



### Autism Spectrum Disorder

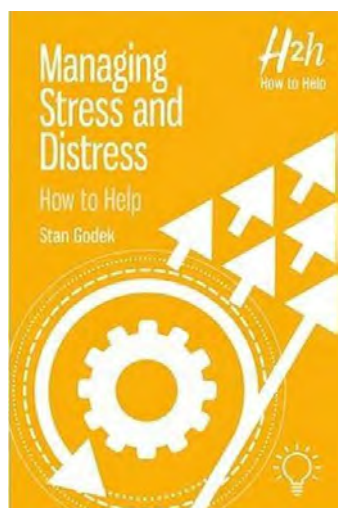
**By Page Jo-Ann**  
PAVILION PUBLISHING & MEDIA



An accessible, straightforward guide to the issues and challenges commonly faced by children and young people who are diagnosed as being on the autistic spectrum - and the practical ways in which parents, carers, teachers, and schools can help.

**AUD RRP:** \$66.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880730  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 220



### Managing Stress and Distress

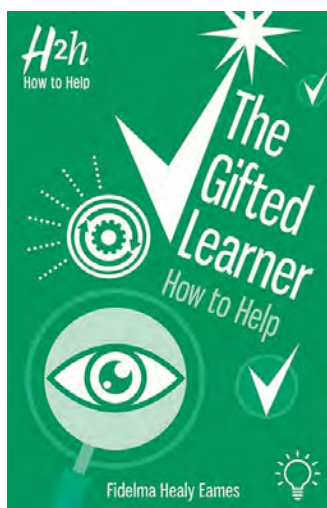
**By Godek Stan**  
PAVILION PUBLISHING & MEDIA



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, Managing Stress and Distress offers an accessible introduction to how heightened stress levels in young people can lead to distressed behaviour - and how to manage both.

**AUD RRP:** \$66.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880914  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 220



### The Gifted Learner

**By Fidelma Healy Eames**  
PAVILION PUBLISHING & MEDIA



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, The Gifted Learner offers an accessible introduction to how high ability students can best be supported to achieve their full potential.

**AUD RRP:** \$66.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880501  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 220



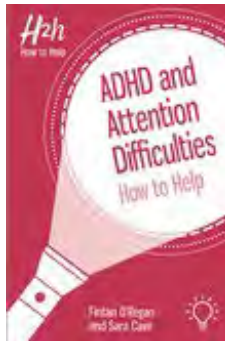
**Developmental Coordination Disorder (Dyspraxia)**

*Lloyd Susan*  
**PAVILION PUBLISHING & MEDIA**



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with DCD and dyspraxia-related difficulties at home and at school - and the practical ways in which parents, carers, teachers, and schools can help.

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Due Date: March 2023  
**9781913414153**      **AUD\$: 68.99**



**ADHD and Attention Difficulties**

*O'Regan Fintan*  
**PAVILION PUBLISHING & MEDIA**



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with ADHD and attention difficulties at home and at school - and the practical ways in which parents, carers, teachers, and schools can help

Disc: ACAD & PROFESSIONAL  
220 X 159 mm  
Due Date: March 2023  
**9781913414122**      **AUD\$: 68.99**



**Teenage School Difficulties**

*Nisbet Joyce*  
**PAVILION PUBLISHING & MEDIA**



A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they face up to the demands of secondary education - and the practical ways in which parents, carers, teachers, and schools can help.

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Due Date: March 2023  
**9781912755912**      **AUD\$: 68.99**



**Building Wellbeing and Resilience**

*Long Rob*  
**PAVILION PUBLISHING & MEDIA**



A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they develop personal wellbeing and resilience - and the practical ways in which parents, carers, teachers, and schools can help.

Disc: ACAD & PROFESSIONAL  
220 X 159 mm  
Due Date: March 2023  
**9781912755967**      **AUD\$: 68.99**



**Effective Study and Learning**

*Reid Gavin*  
**PAVILION PUBLISHING & MEDIA**



A complete, straightforward guide to the issues and challenges commonly faced by children and young people when seeking to study and learn effectively - and the practical ways in which parents, carers, teachers, and schools can help.

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Due Date: March 2023  
**9781912755905**      **AUD\$: 68.99**

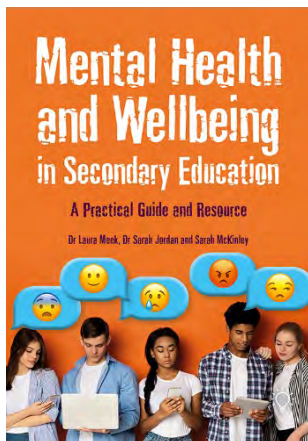
**The How To Help Series:**

The How to Help series provides parents, carers, teachers, and other professionals with practical, empowering advice for dealing with social, emotional, and educational issues affecting young people today inside and outside school.

The aim throughout is to highlight the positive and to instil confidence in dealing with difficulties.

Each title has a consistent, easy-to-navigate structure & style and each offers contextual management strategies and solutions that can be readily understood and implemented by specialists and non-specialists alike.

## Mental Health and Wellbeing in Secondary Education



*Laura Meek Sarah Jordan and Sarah McKinley*

As attitudes to mental health shift, schools are taking the wellbeing of their pupils much more seriously. All schools in England are required to provide lessons on health and wellbeing; in addition, most now have a mental health leadership role. Yet mental health is far more than the absence of illness - it also means having self-belief and the resilience to cope with stress and change. To teach such skills, staff must equip themselves and their workplaces with the procedures, understanding and confidence needed to monitor mental health, share concepts effectively and act appropriately if issues arise. *Mental Health and Wellbeing in Secondary Education* puts all the information they need at their fingertips - with guidance on creating a culture of wellbeing, warning signs to look out for, and overviews of how a range of common mental health and wellbeing problems can be identified and managed.

**PAVILION PUBLISHING & MEDIA**

**AUD RRP:** \$69.99

**ISBN13:** 9781803880617

**Due Date:** March 2023

**Discount:** ACAD & PROFESSIONAL

**Format:** Paperback

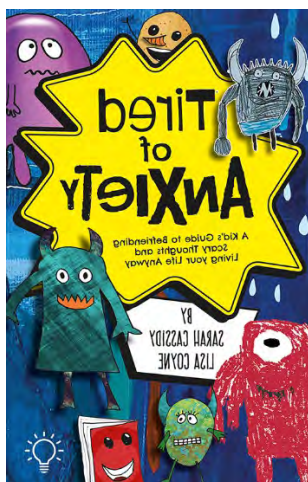
**Pages:** 320

**Size:** 246 X 189

**Illustrations:** NOT ILLUSTRATED



## Tired of Anxiety



*Sarah Cassidy and Lisa Coyne*

*Tired of Anxiety* is a step-by-step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT), the book uses evidence-based clinical techniques and describes them in accessible, child-friendly ways to ensure that families have a toolkit for working positively with anxiety over the long term. By acknowledging that difficult thoughts and feelings are a normal part of being human, rather than something we must try to stamp down or wish away, the authors normalise the everyday struggles of anxious young people so that children can learn to 'make friends' with their own anxiety and get on with the more important work of living and enjoying their lives. The text is presented in a visually appealing style, with frequent opportunities to engage with the material and a suite of supporting audio meditations.

**PAVILION PUBLISHING & MEDIA**

**AUD RRP:** \$49.99

**ISBN13:** 9781803880808

**Due Date:** March 2023

**Discount:** TRADE INTERNATIONAL

**Format:** Paperback

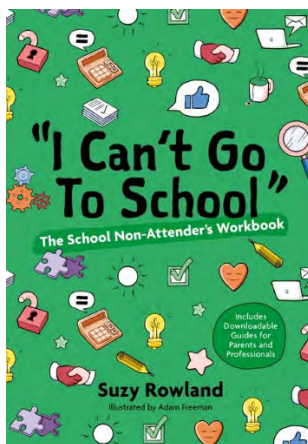
**Pages:** 128

**Size:** 216 X 135

**Illustrations:** NOT ILLUSTRATED



## 'I can't go to school!'



*Rowland Suzy*

If you think that going to school is tough - you're not wrong. It's difficult to do subjects you don't understand. Or be with people you don't feel comfortable around. Or to deal with the feelings you get when you think about going to school. Your parents and teachers might be having a hard time understanding why going to school is tricky for you. But don't worry, there are things you can do and there are things that other people can do to help you. By working through this book, we can explore some of the words you can use to get help and activities you can try that will make being at school feel better. Whether you're working through this individually, or if your parents, teachers, or therapist use the downloadable guides to go through this workbook with you - you'll soon discover what works best for you to get the most of learning and education!

**JESSICA KINGSLEY PUBLISHERS**

**AUD RRP:** \$38.99

**ISBN13:** 9781839972065

**Due Date:** March 2023

**Discount:** TRADE INTERNATIONAL

**Format:** Paperback

**Pages:** 128

**Size:** 246 X 173





**Autism:  
Respecting Difference**

*By Phoebe Caldwell and Jodie Zutt*  
PAVILION PUBLISHING & MEDIA



*Autism: Respecting Difference* is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people to offer meaningful and effective support.

**AUD RRP:** \$26.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803881577  
**Discount:** Acad & Professional  
**Size:** 216 X 140  
**Pages:** 82



**The Good Box**

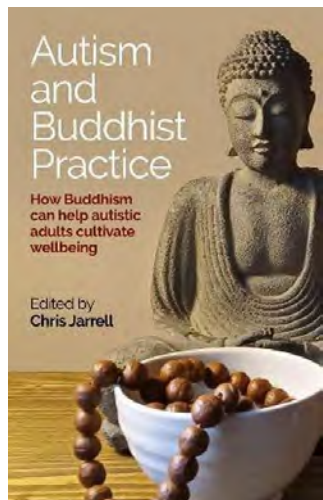
*By Phoebe Caldwell*  
PAVILION PUBLISHING & MEDIA



In her influential and successful book, *The Anger Box*, expert practitioner Phoebe Caldwell shifted attention away from the surface symptoms of autism and towards understanding sensory experiences and alleviating the distress associated with them.

**AUD RRP:** \$54.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803881997  
**Discount:** Acad & Professional  
**Size:** 233 X 155  
**Pages:** 192



**Autism and Buddhist Practice**

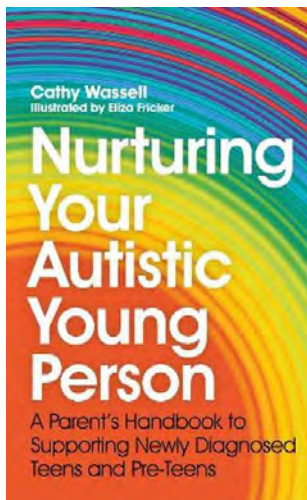
*By Jarrell Chris*  
JESSICA KINGSLEY PUBLISHERS



Exploring the intersect between autism and Buddhism, including how Buddhism can help autistic individuals develop wellbeing and how the Buddhist community can be more inclusive of autistic people. It discusses how Buddhism can help with relationships, social interactions and sensory issues, anxiety, independence and more.

**AUD RRP:** \$44.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781839971570  
**Discount:** Trade International  
**Size:** 216 X 138  
**Pages:** 208



**Nurturing Your Autistic Young Person**

*By Wassell Cathy*  
JESSICA KINGSLEY PUBLISHERS



An introductory guide for parents of older children and younger teenagers who may be autistic or have been recently diagnosed. Learn how to understand and advocate for your child and create an environment in which they can thrive.

**AUD RRP:** \$38.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781839971112  
**Discount:** Trade International  
**Size:** 216 X 138  
**Pages:** 288



### When Worry Works

**By Dorfman Dana**  
ROWMAN & LITTLEFIELD PUBLISHERS



*When Worry Works* responds to one of the primary sources of the nation’s worsening adolescent mental health crisis – achievement pressure. The work demonstrates that when parents become aware of their individual anxieties and learn to effectively manage them, they are empowered to make values aligned, rather than worry driven parenting decisions

**AUD RRP:** \$56.99  
**Due Date:** 13/02/2023  
**Format:** Hardback

**ISBN-13:** 9781538164532  
**Discount:** Acad & Professional  
**Size:** 216 X 140  
**Pages:** 232



### Good Enough Parenting

**By Dr Timothy A. Cavell and Lauren B. Quetsch**  
APA LIFETOOLS



Written for parents of children from toddlers to teens, this book gives parents a science-based plan to help their children grow up to be emotionally healthy adults. This book shows parents how to use a six-step program to build a stronger relationship with their child. It teaches parents how to set parenting goals, prioritize their own emotional health, and create a structure for their family.

**AUD RRP:** \$36.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781433839115  
**Discount:** Trade International  
**Pages:** 224



### Effective Leadership in Health and Social Care

**By Salt Terri**  
PAVILION PUBLISHING & MEDIA



The Towards Outstanding series offers essential resources for health and social care services regulated by the Care Quality Commission. *Effective Leadership in Health and Social Care* takes a close-up look at the well-led aspect of assessment.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880693  
**Discount:** Acad & Professional  
**Size:** 235 X 159  
**Pages:** 288



### Signs of Disability

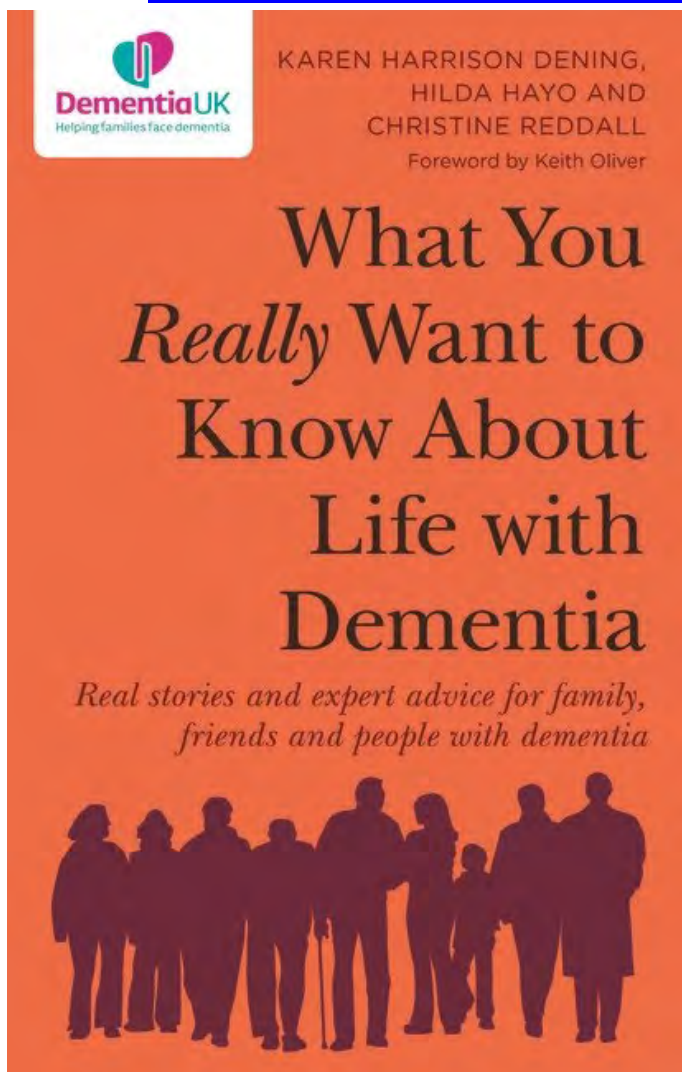
**By Kerschbaum Stephanie L.**  
NEW YORK UNIVERSITY PRESS



This book centres on story as a means of making disability available for noticing. The framework of signs of disability forwarded in this book is drawn from the author's lived experience of disability and deafness as well as rhetoric, feminist materialist scholarship, and critical disability studies.

**AUD RRP:** \$68.99  
**Due Date:** 13/12/2022  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781479811168  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 256



## What You Really Want to Know About Life with Dementia

*By Karen Harrison Denning, Hilda Hayo & Christine Reddall*

A family-led vision of what carers of people with dementia need and want to know.

Supporting families and carers in their day-to-day life with dementia, this unique resource combines real stories from families with expert responses and advice for specific issues and concerns.

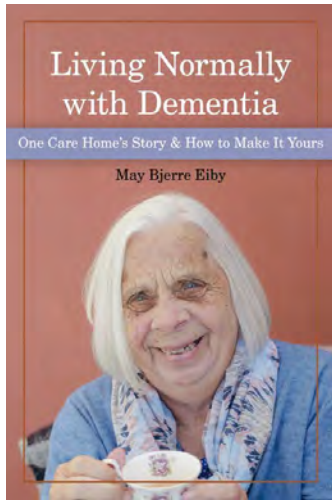
This resource is based on the real stories and real questions brought to the Admiral Nurse Dementia Helpline, peer support groups and clinical networks. Including questions around diagnosis, peer support, balancing risks, care transitions and end of life planning, the chapters are devised to support you, and give you the tools to live better, when dementia enters your life.

### **Author Bio:**

Dr Karen Harrison Denning is Head of Research & Publications at Dementia UK, home of Admiral Nursing. She has years of expertise in palliative and end-of-life care, advance care planning and case management in dementia. Her previous books with Jessica Kingsley Publishers are Evidence-Based Practice in Dementia for Nurses and Nursing Students, and Dementia, Culture and Ethnicity: Issues for All.

Dr Hilda Hayo became Chief Admiral Nurse & CEO for Dementia UK in 2013. A dual registered nurse, over the last 36 years she has held senior positions in clinical services, hospital management and higher education.

Christine Reddall has worked in many different settings. As a community Macmillan Nurse, realising that people with dementia and those with learning disabilities rarely accessed good palliative and end-of-life care, she concentrated her efforts in enabling this. Christine has used her experience gained from both professional and personal perspective to help promote awareness of young dementias.



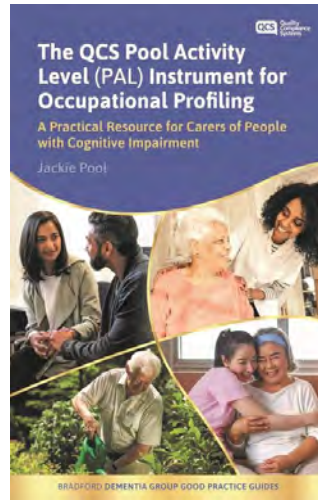
### Living Normally with Dementia

**By Eiby May**  
HEALTH PROFESSIONS PRESS



Welcome to Dagmarsminde, an innovative nursing home in Denmark with a remarkable and life-affirming approach to dementia care. The founder and staff of this replicable model strive to help persons with dementia enjoy a rich, normal-feeling life. Following person-centered practices, daily life includes routines focused on good nutrition.

**AUD RRP:** \$102.00  
**Due Date:** March 2023  
**Format:** Paperback  
**ISBN-13:** 9781938870996  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 224



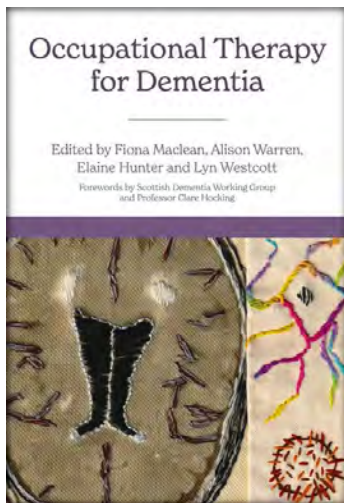
### The QCS Pool Activity Level (PAL) Instrument for Occupational Profiling

**By Pool Jackie**  
JESSICA KINGSLEY PUBLISHERS



This fifth edition contains the latest research on the use of the QCS PAL Instrument and new information on using the PAL Engagement Measure. It features photocopiable activity checklists and plans that help professionals match users' abilities with personal care and leisure activities to aid them in meaningful activity.

**AUD RRP:** \$69.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout  
**ISBN-13:** 9781839975028  
**Discount:** Trade International  
**Size:** 297 X 210  
**Pages:** 224



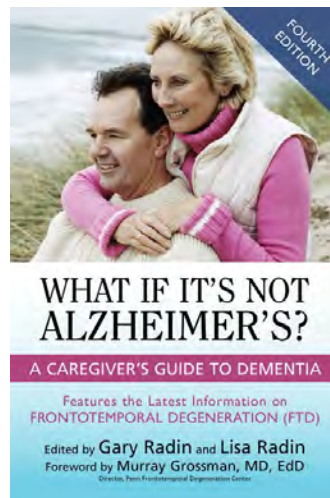
### Occupational Therapy from Dementia

**By Fiona Maclean and Alison Warren**  
JESSICA KINGSLEY PUBLISHERS



Bringing together professional and lived experience, this collection of expert voices frames dementia practice with an occupational justice lens. It provides a focus for learning and development in practice for occupational therapists and allied health workers working in dementia care, incorporating the voice of people living with dementia.

**AUD RRP:** \$94.99  
**Due Date:** March 2023  
**Format:** Paperback  
**ISBN-13:** 9781839970627  
**Discount:** Trade International  
**Pages:** 256



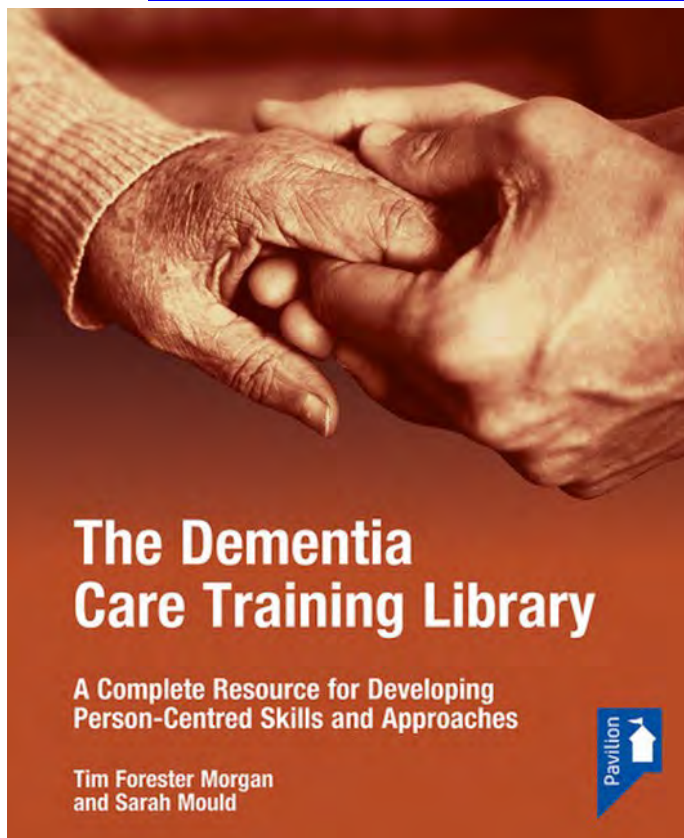
### What If It's Not Alzheimer's?

**By Radin Gary**  
ROWMAN & LITTLEFIELD PUBLISHERS



Although the public most often associates dementia with Alzheimer's disease, the medical profession now distinguishes various types of "other" dementias. This book is the first and only comprehensive guide dealing with frontotemporal degeneration (FTD), one of the largest groups of non-Alzheimer's dementias.

**AUD RRP:** \$51.99  
**Due Date:** 15/10/2022  
**Format:** Paperback  
**Illustration:** B&W Throughout  
**ISBN-13:** 9781633888722  
**Discount:** Trade International  
**Size:** 229 X 150  
**Pages:** 424



## The Dementia Care Training Library: Starter Pack

A Complete Resource for Developing Person-Centred Skills and Approaches

*By Tim Forester Morgan and Sarah Mould*

*The Dementia Care Training Library* is a unique modular suite of person-centred, dementia-specific content designed to enable professionals working in relevant care services to deliver in-house training.

The foundation Starter Pack provides core introductory modules on dementia awareness and challenging behaviour, enabling care staff to recognise the unique identity and life story of every individual with dementia and to respond to challenging behaviour in appropriate, person-centred ways.

The Starter Pack is expandable, and over time further modules will become available for sale. All Dementia Care Training Library materials take an Action Learning approach, providing a balance of information and practice-based activities that allow learners to reflect on and apply new knowledge in real time as a staff team.

### **Author Bio:**

Tim Forester Morgan is co-founder and Director of the Dementia Training Company, an organisation offering a range of programmes designed to equip people with the skills they need to enable individuals with dementia to live well. He has had responsibility for the delivery and management of a wide range of consultation services for care settings requiring guidance on therapeutic environments for people with dementia.

Sarah Mould is Specialist Practitioner for Dementia at University Hospital Southampton. She qualified as an Occupational Therapist in 1991 and has both clinical and managerial experience in Older People's Mental Health Services.

**AUD RRP:** \$260.00

**Due Date:** March 2023

**Format:** Spiral bound

**ISBN-13:** 9781912755530

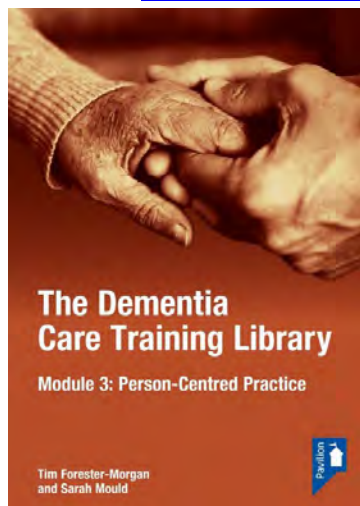
**Discount:** Acad & Professional

**Size:** 290 X 310

**Pages:** 240

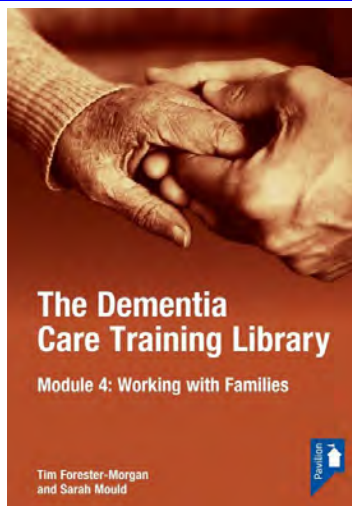






### The Dementia Care Training Library: Module 3 – Person-Centred Practice

By *Tim Forester Morgan and Sarah Mould*  
PAVILION PUBLISHING & MEDIA



### The Dementia Care Training Library: Module 4 – Working with Families

By *Tim Forester Morgan and Sarah Mould*  
PAVILION PUBLISHING & MEDIA



The Dementia Care Training Library is a unique modular suite of person-centred, dementia-specific content. Module 3 explores how understanding wellbeing can allow carers and other professionals to provide person-centred care in the most respectful ways.

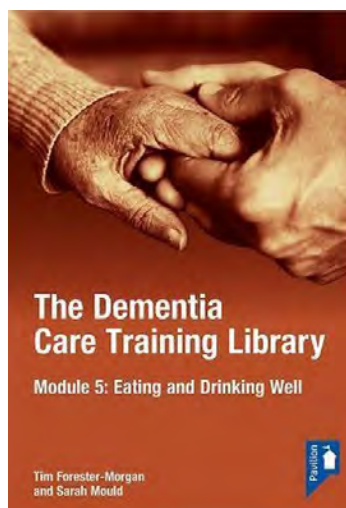
The Dementia Care Training Library is a unique modular suite of person-centred, dementia-specific content. Module 4 explores the impact that being a carer can have on the mental and physical health of family members, and how to work sensitively in partnership to support them.

**AUD RRP:** \$135.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880235  
**Discount:** Acad & Professional  
**Size:** 310 X 290  
**Pages:** 80

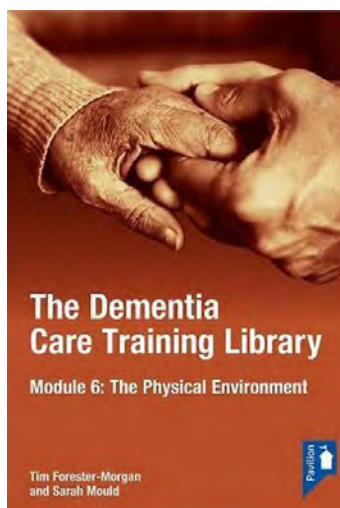
**AUD RRP:** \$135.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803880242  
**Discount:** Acad & Professional  
**Size:** 301 X 290  
**Pages:** 80



### The Dementia Care Training Library: Module 5 – Eating and Drinking Well

By *Tim Forester Morgan and Sarah Mould*  
PAVILION PUBLISHING & MEDIA



### The Dementia Care Training Library: Module 6 – The Physical Environment

By *Tim Forester Morgan and Sarah Mould*  
PAVILION PUBLISHING & MEDIA



The Dementia Care Training Library is a suite of training materials on topics relating to the specific learning needs of staff in dementia care environments. Module 5 looks at why maintaining good physical, mental and oral health through food, drink and healthy living activities should be part of every person-centred support package.

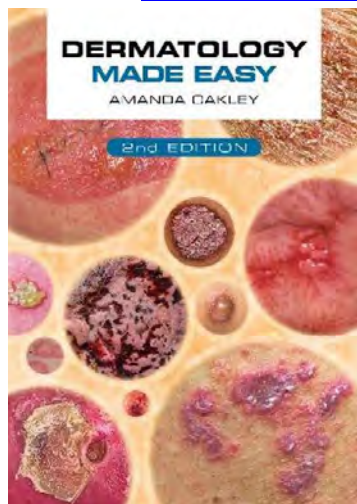
The Dementia Care Training Library is a suite of training materials on topics relating to the specific learning needs of staff in dementia care environments. Module 6 explores how understanding the ways in which physical and social environments affect the wellbeing of people with dementia can enable more respectful, person-centred care.

**AUD RRP:** \$121.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803882246  
**Discount:** Acad & Professional  
**Size:** 310 X 290  
**Pages:** 80

**AUD RRP:** \$121.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781803882253  
**Discount:** Acad & Professional  
**Size:** 310 X 290  
**Pages:** 80



### Dermatology Made Easy 2/e

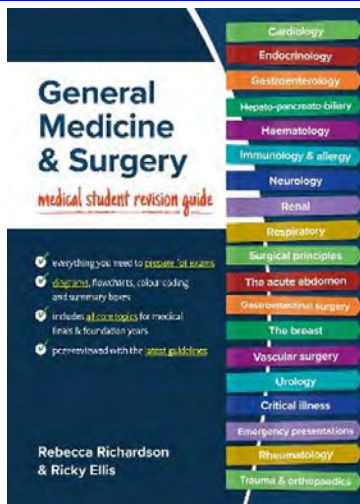
By Oakley Amanda  
SCION PUBLISHING LTD



A concise overview of the common dermatological conditions most likely to present in general medicine *Dermatology Made Easy*, second edition will help the reader diagnose, test, and treat skin conditions quickly and accurately.

**AUD RRP:** \$73.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781914961168  
**Discount:** Acad & Professional  
**Size:** 244 X 172  
**Pages:** 442



### General Medicine and Surgery

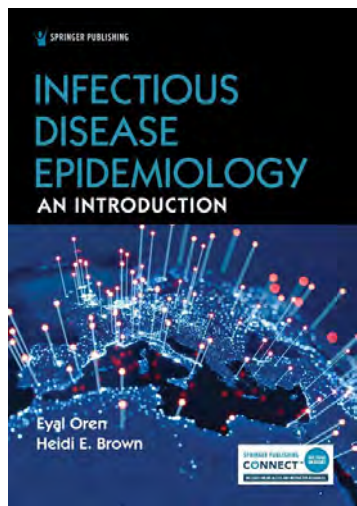
By Richardson Rebecca  
SCION PUBLISHING LTD



All the core knowledge you need at medical school in one place! *General Medicine and Surgery: Medical Student Revision Guide* is the perfect companion for your medicine degree, exam revision, medical finals, and your early career as a foundation doctor.

**AUD RRP:** \$71.99  
**Due Date:** March 2023  
**Format:** Paperback

**ISBN-13:** 9781914961182  
**Discount:** Acad & Professional  
**Size:** 290 X 210  
**Pages:** 320



### Infectious Disease Epidemiology

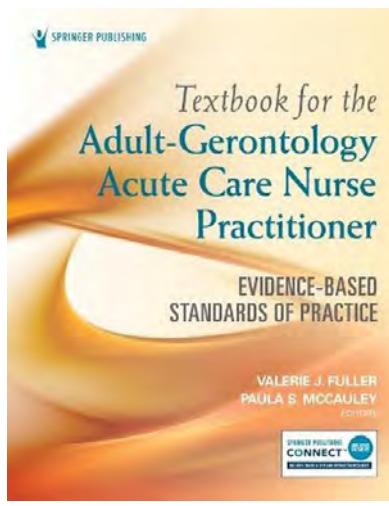
By Oren Eyal  
SPRINGER PUBLISHING COMPANY



*Infectious Disease Epidemiology: An Introduction* is a foundational textbook for public health and related health science degrees. It provides a comprehensive public health strategy for understanding and managing the spread of infectious diseases.

**AUD RRP:** \$169.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9780826156730  
**Discount:** Acad & Professional  
**Size:** 254 X 178  
**Pages:** 350



### Textbook for the Adult-Gerontology Acute Care Nurse Practitioner

By Valerie J. Fuller and Paula S. McCauley  
SPRINGER PUBLISHING COMPANY



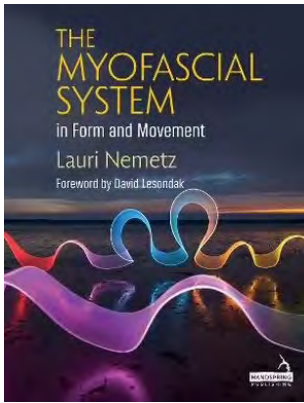
Encompassing all of the knowledge required to fulfill AACN and NONPF competencies and scope of practice, this comprehensive, evidence-based text is the first written specifically for Adult Gerontology Acute Care NP students and practitioners.

**AUD RRP:** \$213.00  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9780826152329  
**Discount:** Acad & Professional  
**Size:** 254 X 203  
**Pages:** 850



## The Myofascial System in Form and Movement



*Nemetz Laurie*

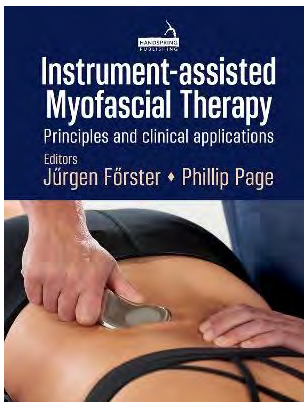
This book is intended to help the reader be part of the rich movement dialogue in the rapidly changing field of myofascial science and to spark conversation between diverse professions from the physical trainer to the physicist. We will be exploring our human body in form and movement from insights via our spatial relationship with the world. Everyone is welcome at the table and this book dives into the myofascial universe through a full exploration into anatomy, movement, concepts of space, and the many disciplines that are taking interest. There are highlighted 'break out boxes' giving voice to the ideas and work of leaders in the field of myofascial movement in their own words as well as 'thought boxes' to encourage your own ideas.

**HANDSPRING**

**AUD RRP:** \$72.99  
**ISBN13:** 9781912085798  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 208  
**Size:** 246 X 189  
**Illustrations:** COLOUR SECTION(S)



## Instrument-Assisted Myofascial Therapy



*Foerster Jurgen*

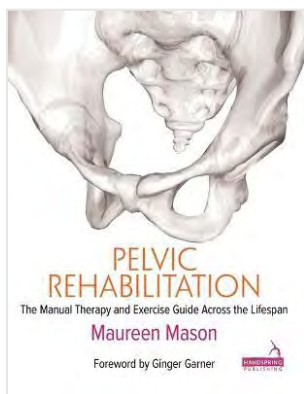
*Instrument-Assisted Myofascial Therapy* - principles and clinical applications provides a complete overview of this effective therapy (IAMT) based on the authors' own clinical experience of using instruments to treat myofascial lesions. The text combines the latest scientific evidence and theory with practical guidelines. The authors describe the use of various IAMT techniques which the reader will be able to easily integrate into daily clinical practice. The text progresses from didactic to practical information of relevance for a variety of clinicians: Anatomy of the myofascial system and its role in pain/dysfunction and treatments Science and theory of IAMT including history, types, and research on mechanisms of action and outcomes Practical application of IAMT Practice: an overview of techniques specific to tissue type (scars, tendons, muscles) Integration of IATM in clinical practice including clinical decision making (in diagnosis and treatment), indications, contraindications, and adjunct treatments and more.

**HANDSPRING**

**AUD RRP:** \$96.99  
**ISBN13:** 9781913426453  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 232  
**Size:** 246 X 189  
**Illustrations:** COLOUR SECTION(S)



## Pelvic Rehabilitation



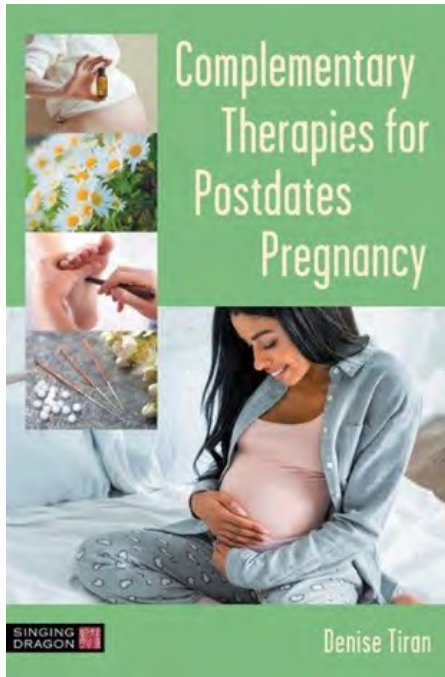
*Mason Maureen*

This book presents paradigms and programs for pelvic health conditions over the lifespan from childhood to senior years, with medical pearls and storytelling. It includes new concepts and practices with the integration of Medical Therapeutic Yoga and Pilates into rehabilitation prescriptions, sexual medicine, and strategies for healing pain and trauma. The contributors have a wealth of clinical experience, from paediatrics to geriatrics, and the client care focus is with manual therapy, exercise, education, and compassion-based treatment. Physical therapy, Yoga and Pilates are woven together to provide evidence-based platforms for health care intervention for pelvic pain, bladder and bowel dysfunction, pelvic organ prolapse, sexual medicine, and trauma sensitive care. Medical professionals as well as body workers, fitness trainers and community educators can glean critical health care knowledge as well as strategies for teamwork for client care.

**HANDSPRING**

**AUD RRP:** \$101.00  
**ISBN13:** 9781913426095  
**Due Date:** March 2023  
**Discount:** ACAD & PROFESSIONAL  
**Format:** Paperback  
**Pages:** 240  
**Size:** 246 X 189  
**Illustrations:** COLOUR SECTION(S)





## Complementary Therapies for Postdates Pregnancy

**By Tiran Denise**

A guide for midwives and maternity professionals on using complementary therapies for postdates pregnancy.

Exploring one of the most prevalent yet contentious subjects in contemporary maternity care, Denise Tiran's new book on postdates pregnancy balances discussion of midwifery care and the obstetric management of women who are overRelease.

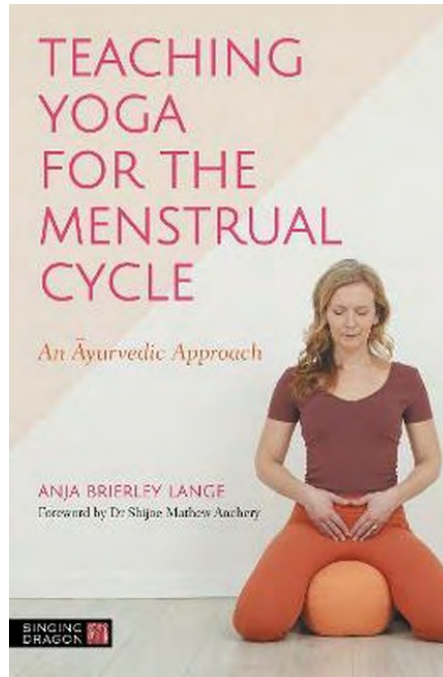
The book gives comprehensive coverage of a range of complementary therapies and natural remedies and how they may be effective in facilitating spontaneous onset of labour.

It also takes into consideration the debate on the safety and effectiveness of natural remedies which women often self-administer.

Illustrated with case studies and referenced to authoritative review papers, *Complementary Therapies for Postdates Pregnancy* is a must-have guide for midwives and maternity professionals.

**AUD RRP:** \$62.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** B&W Throughout

**ISBN-13:** 9781787759817  
**Discount:** Acad & Professional  
**Size:** 246 X 173  
**Pages:** 304



## Teaching Yoga for the Menstrual Cycle An Ayurvedic Approach

**By Lange Anja Brierley**

Menstrual cycle awareness is crucially important when trying to understand the needs of your yoga students and this guide will give you the knowledge you need to confidently address the menstrual cycle when teaching students in group and one-on-one settings via the principles of both western and Ayurvedic approaches.

This book addresses the importance of the menstrual cycle and how Ayurvedic principles can best be applied to understand the anatomical, physiological, and hormonal changes that take place during different stages and weeks throughout the menstrual cycle.

Anja Brierley Lange highlights the purpose and importance of each phase of the menstrual cycle and how yoga teaching can and should be tailored accordingly to your students' menstrual needs.

The go-to guide for yoga teachers on how to support students who menstruate in general classes and one-on-one sessions.

**AUD RRP:** \$49.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781839972478  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 224





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Learn more, know more, remember more



# Test-enhanced learning

A practical guide to improving academic outcomes for all students

Kristian Still  
Edited by Pete Henshaw

## Test-Enhanced Learning

A practical guide to improving academic outcomes for all students

### *By Still Kristian*

In this practical guidebook, Kristian Still details the most up to date research into improving learning and retention and takes us on a journey into test-enhanced learning, spaced retrieval practice, motivation, metacognition, and personalisation. In so doing the book provides a blueprint for all teachers and schools to improve the academic outcomes of their students and to achieve this in ways that improve the motivation of learners and reduces the workload for teachers.

Kristian Still has been developing these ideas with his classes for many years and has achieved considerable success in terms of the direct learning gains, and improved assessment grades of his pupils and the indirect gains in students growing confidence in lessons, with a wider group of pupils contributing to class and improved classroom behaviour.

Consequently, students are finding greater comfort in class and experiencing less pressure or under preparedness when a question is asked. The book is supported by the free Remember more app which uses digital flashcards as an aid to deliver the learning gains of personalised, spaced retrieval practice, providing teachers with insights into the effectiveness of their own teaching.

It also contains several practical case studies from teachers using these techniques and the app to produce great results in their schools. Spaced retrieval practice is a highly effective but counter intuitive revision technique in that it involves forgetting and relearning knowledge.

### **Author Bio:**

Kristian Still is a Deputy Head at Academic Boundary Oak School, an independent private school in Hampshire. He has over 20-years' experience as a head teacher and senior leader with a MEd in Kinesiology, BSc in Sports Science, and a Level 5 Coaching and Mentoring. Kristian shares a keen interest in education leadership, evidence informed practice and #edutech

**AUD RRP:** \$46.99

**Due Date:** March 2023

**Format:** Paperback

**ISBN-13:** 9781785836589

**Discount:** Trade International

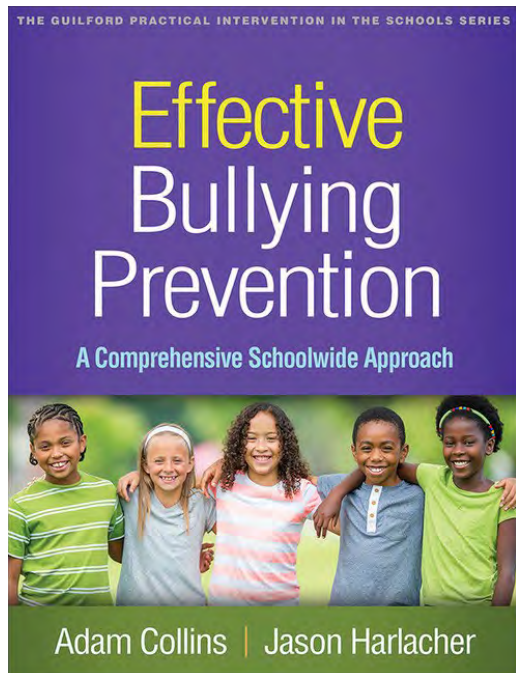
**Size:** 234 X 156

**Pages:** 160



Crown House Publishing





**Effective Bullying Prevention (PB)**

A Comprehensive Schoolwide Approach

*By Adam Collins and Jason Harlacher*

Going beyond other bullying prevention resources, this book presents an approach grounded in evidence-based best practices, together with concrete guidance for weaving it sustainably into the fabric of a school.

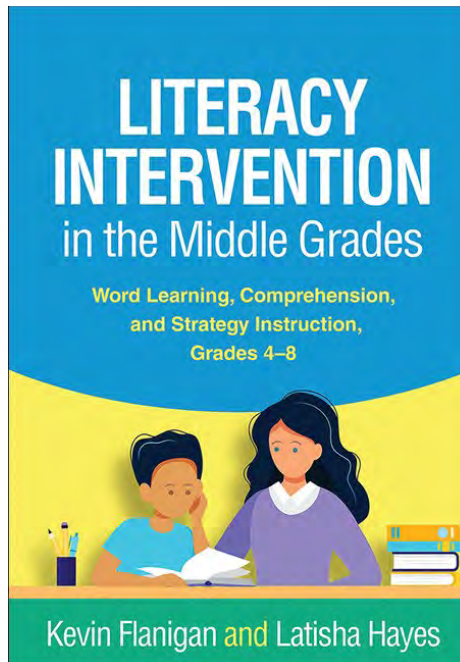
The authors describe a range of ways to support the development of prosocial skills in K–12 students, make data-based decisions to respond to bullying, and build partnerships across students, staff, and families.

Of crucial importance, the book explains how to ensure that bullying prevention efforts are implemented with fidelity and do not fade away over time. An in-depth case study illustrates what effective implementation looks like in the school setting.

The large-size format facilitates photocopying; reproducible tools to support implementation can be downloaded and printed for repeated use. This title is part of The Guilford Practical Intervention in the Schools Series, edited by Sandra M. Chafouleas.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781462550708  
**Discount:** Acad & Professional  
**Size:** 250 X 210  
**Pages:** 264



**Literacy Intervention in the Middle Grade (PB)**

Word Learning, Comprehension, and Strategy Instruction, Grade 4-8

*By Kevin Flanigan and Latisha Hayes*

No two students in grades 4–8 are identical, and many struggle with literacy for different reasons. Using a teacher-friendly, hands-on approach, this eminently practical book walks educators through the nuts and bolts of literacy intervention in the middle grades.

Highlights include “North Star” principles to orient instruction, an assessment flowchart, and extended case studies of three middle-grades learners.

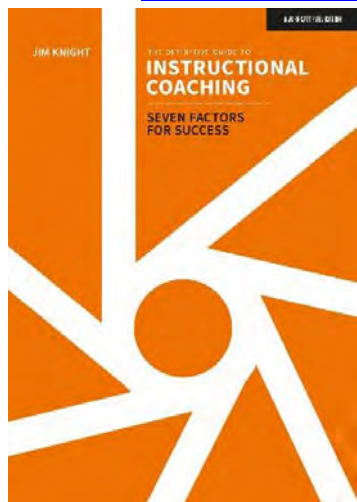
The book offers evidence-based intervention practices for targeting specific literacy components, including word recognition, fluency, vocabulary, and comprehension.

Teachers are guided to plan structured but flexible interventions that promote literacy growth and engagement. Sample lesson plans and clear, engaging figures illustrate how to make literacy intervention work for all students.

**AUD RRP:** \$79.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781462551019  
**Discount:** Acad & Professional  
**Size:** 210 X 190  
**Pages:** 252





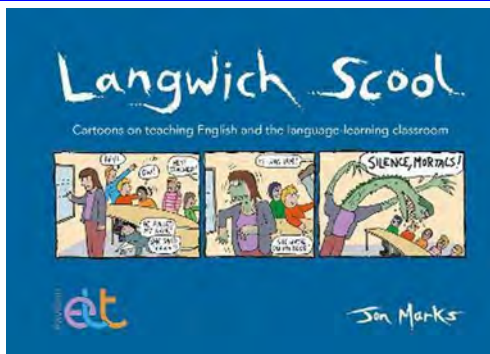
### The Definitive Guide to Instructional Coaching

By Knight Jim  
JOHN CATT EDUCATIONAL



The Definitive Guide to Instructional Coaching offers a blueprint for establishing, administering, and assessing an instructional coaching program laser-focused on every educator's goal: the academic success of students.

AUD RRP: \$37.99  
Due Date: March 2023  
Format: Paperback  
ISBN-13: 9781915261670  
Discount: Acad & Professional  
Size: 148 X 210  
Pages: 280



### Langwrich School

By Marks Jon  
PAVILION PUBLISHING & MEDIA



Welcome to Langwrich School! Jon Marks has entertained us since 1999 with his wry commentary on the state of English language teaching in his Langwrich School strip cartoon. We've put all these fantastic cartoons together, with some of them in colour for the first time, plus added a few new ones in to bring us up to date.

AUD RRP: \$26.99  
Due Date: March 2023  
Format: Paperback  
ISBN-13: 9781803880044  
Discount: Acad & Professional



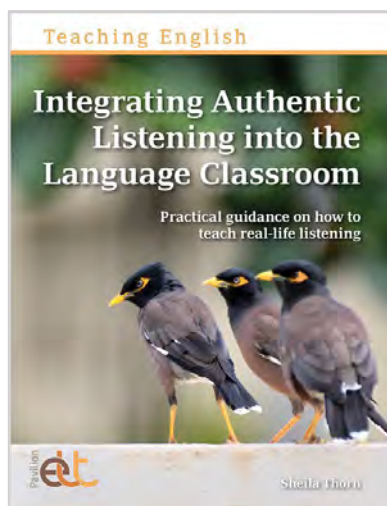
### Comprehensive Language Coaching Handbook

By Kovacs Gabriella  
PAVILION PUBLISHING & MEDIA



This practical handbook provides a unique and detailed insight into the merits of language coaching, before moving on to examine best language coaching practices and strategies and provides a range of techniques and activities to utilise them, so that teachers can be effective language coaches.

AUD RRP: \$121.00  
Due Date: March 2023  
Format: Paperback  
ISBN-13: 9781803880358  
Discount: Acad & Professional



### Integrating Authentic Listening into the Language Classroom

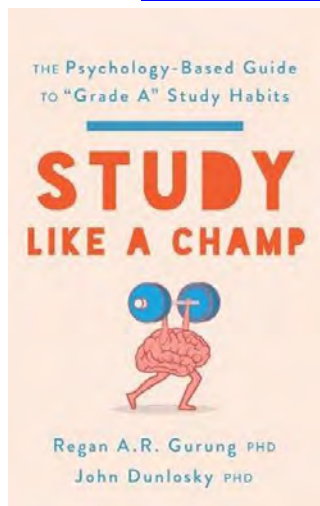
By Thorn Sheila M.  
PAVILION PUBLISHING & MEDIA



Integrating Authentic Listening into the Language Classroom looks at the theory around the need to use authentic listening, then explores the practical ways teachers can use authentic listening in their classes. Offers a mixture of methodology and practical ideas for teachers of English as a foreign language.

AUD RRP: \$121.00  
Due Date: March 2023  
Format: Paperback  
ISBN-13: 9781914010453  
Discount: Acad & Professional





### Study Like a Champ

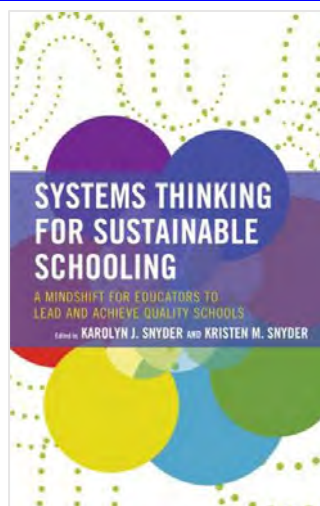
**By Regan A.R. Gurung and John Dunlosky**  
APA LIFETOOLS



This engaging, student-friendly book debunks major myths about studying and provides practical tips for studying smarter, not harder. Written by expert psychology teachers who also conduct the very research that these tips are based on.

**AUD RRP:** \$47.99  
**Due Date:** March 2023  
**Format:** Paperback  
**Illustration:** Not Illustrated

**ISBN-13:** 9781433840173  
**Discount:** Trade International  
**Size:** 216 X 140  
**Pages:** 264



### Systems Thinking for Sustainable Schooling

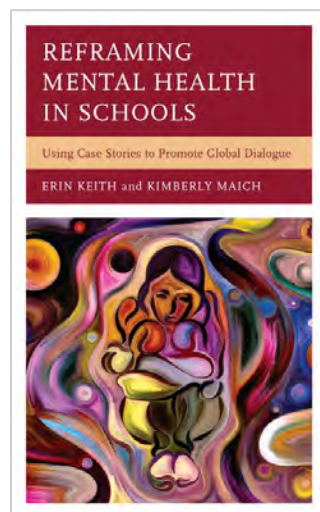
**By Snyder Karolyn J.**  
ROWMAN & LITTLEFIELD PUBLISHERS



This book presents arguments for adopting a Systems way of Thinking about developing schools to become in sync with the times, both locally and globally. Systems Thinking and Quality Management both are natural approaches for educators to adapt schooling to the rapid changes of life today in a global context.

**AUD RRP:** \$160.00  
**Due Date:** 08/01/2023  
**Format:** Hardback

**ISBN-13:** 9781475866391  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 160



### Reframing Mental Health in Schools

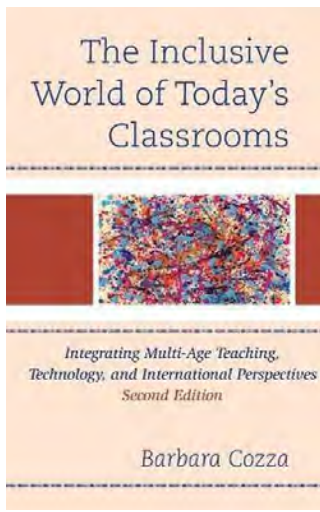
**By Keith Erin**  
ROWMAN & LITTLEFIELD PUBLISHERS



The book includes first-hand stories and experiences collaborating with school teams as they work with, support and program for students from around the globe displaying a wide variety of mental health concerns.

**AUD RRP:** \$129.00  
**Due Date:** 13/08/2022  
**Format:** Hardback

**ISBN-13:** 9781475852875  
**Discount:** Acad & Professional  
**Size:** 228 X 161  
**Pages:** 148



### The Inclusive World of Today's Classrooms

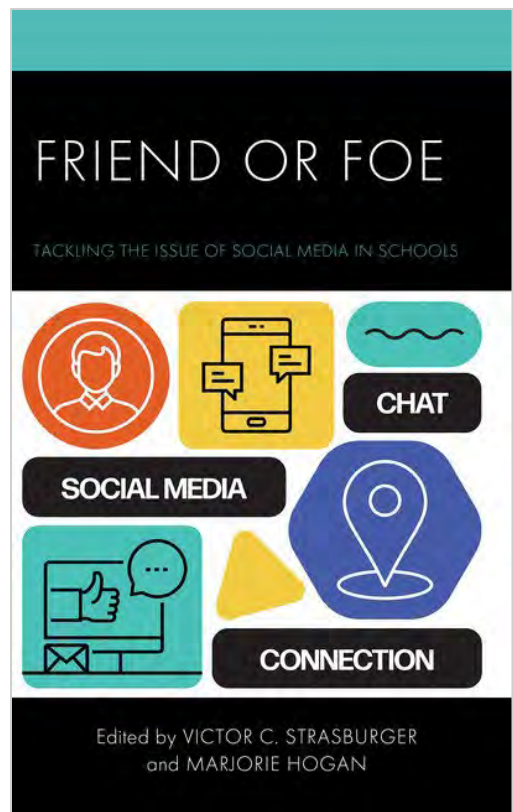
**By Cozza Barbara**  
ROWMAN & LITTLEFIELD PUBLISHERS



The book is intended to assist educators at all levels of school organizations and give policymakers and parents information on an effective way to encourage learners to achieve on high levels. The book is intended to assist educators at all levels of school organizations.

**AUD RRP:** \$65.99  
**Due Date:** 08/12/2022  
**Format:** Paperback

**ISBN-13:** 9781475866889  
**Discount:** Acad & Professional  
**Size:** 229 X 152  
**Pages:** 200



### Friend or Foe

Tackling the Issue of Social Media in Schools

By *Strasburger Victor C.*

Social media - friend or foe? The answer is complicated and this volume - written by several of the experts in the field - is designed to provide some answers.

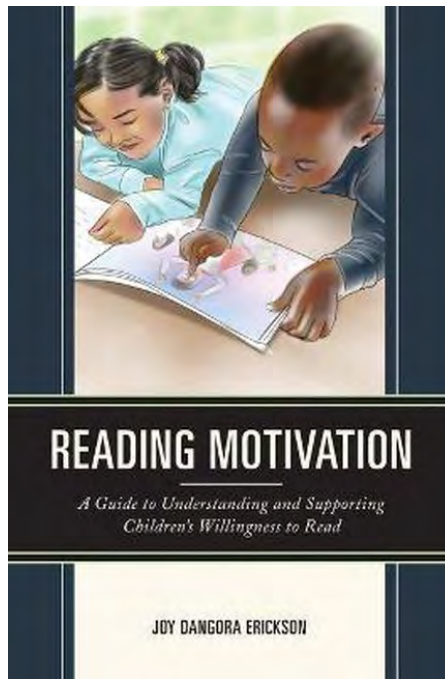
With every new medium, questions arise about positive versus negative effects. So, it is with social media.

Topics covered include positive and negative aspects of social media, cyberbullying, sexting, conspiracy theories, media literacy, do social media contribute to ADHD, and should teachers' "friend" their students.

This is the third and last volume in the MASTER OF MEDIA series, and like its predecessors, it is designed to provide at least a few answers to this issue and guidance to teachers, administrators, and parents who want and need answers.

AUD RRP: \$62.99  
Due Date: 15/01/2023  
Format: Paperback

ISBN-13: 9781475855166  
Discount: Acad & Professional  
Size: 229 X 152  
Pages: 160



### Reading Motivation

A Guide to Understanding and Supporting Children's Willingness to Read

By *Erickson Joy Dangora*

*Reading Motivation: A Guide to Understanding and Supporting Children's Willingness to Read* explains the importance of paying careful attention to children's developing motivation to read and offers a step-by-step guide for conducting rigorous and systematic case studies of children's motivation to read in specific contexts (e.g., reading intervention programs).

The methods described in this book have been used successfully to elicit the perspectives of children as young as five years of age.

In addition to carefully considering the views of children, readers are encouraged to work with peers to carefully select, collect, and analyze multiple types of data from a variety of sources to answer questions about their students' motivation in trustworthy ways.

Separate chapters explain how to formatively and summative analyse and interpret qualitative and quantitative data and how to present findings and make changes to programming in response to findings.

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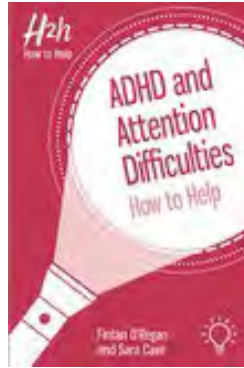
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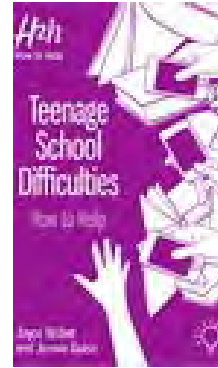
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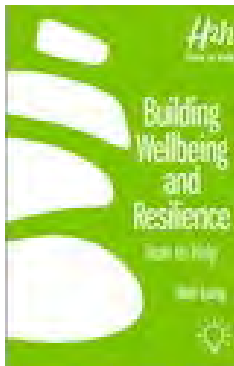
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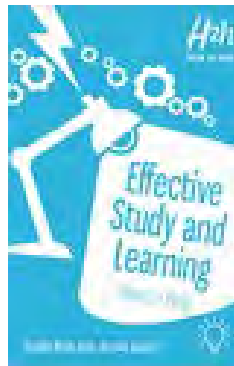
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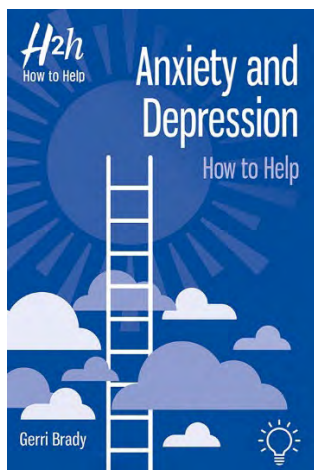
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*\*Series is also in the Allied Health section of this catalogue\**



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*Brady Geraldine*

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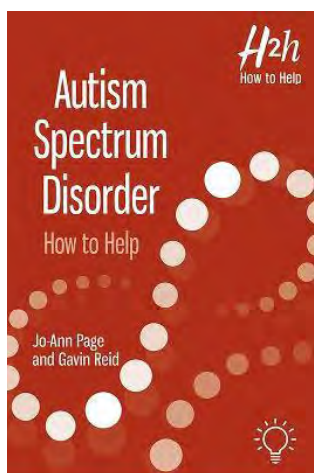
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*Page Jo-Ann*

Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *Autism Spectrum Disorder (ASD)* offers a complete introduction to this complex and often confusing topic. A lack of clarity can arise for many reasons, including the broad spectrum of characteristics and symptoms that can be represented within an ASD diagnosis (ranging from the very severe, requiring 24-hour monitoring, to the mild but no less important, where the individual can be successfully included in education and society), and the many competing interventions and treatments all purporting to be successful. Arguing that every child and young person with autism can and should lead an inclusive and fulfilling life, Jo-Ann Page and Gavin Reid show that it is up to us as adults to ensure that this is possible - and show how parents, carers, teachers, and schools can help.

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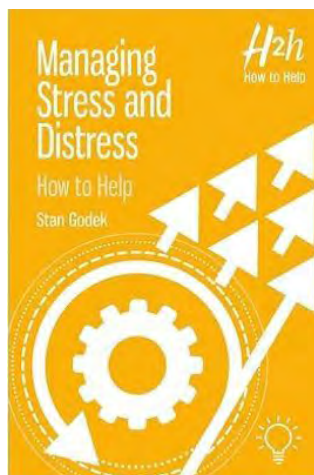
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*Godek Stan*

Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *Managing Stress and Distress* offers an accessible introduction to how heightened stress levels in young people can lead to distressed behaviour - and how to manage both. We have left behind a time when schools found it easier to exclude difficult children than understand them, but the evolutionary and psychological factors that often underpin stress responses and their resulting problematic behaviours remain poorly understood. Offering a complete, compassionate guide to what stress is, how it arises, the purpose it serves and the issues it can cause, Stan Godek argues for a trauma-informed approach of managing short-term distress while also reducing long-term stress levels via a regular practice of mindfulness - and shows how parents, carers, teachers, and schools can help.

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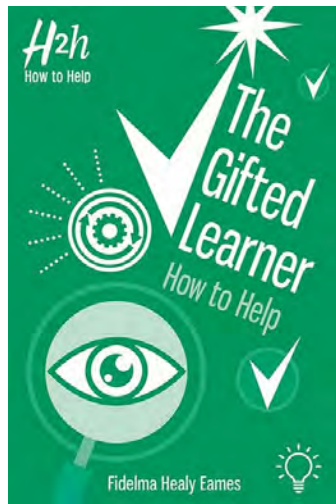
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By **Fidelma Healy Eames**  
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### Autism

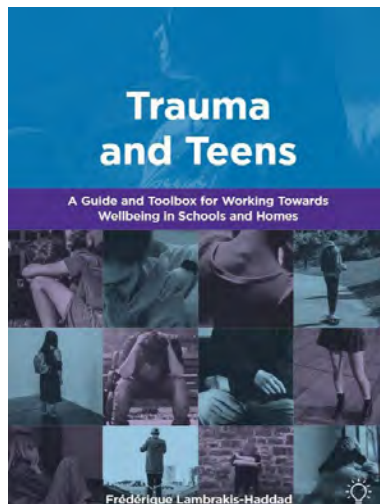
By **Phoebe Caldwell and Jodie Zutt**  
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*Autism: Respecting Difference* is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people to offer meaningful and effective support.

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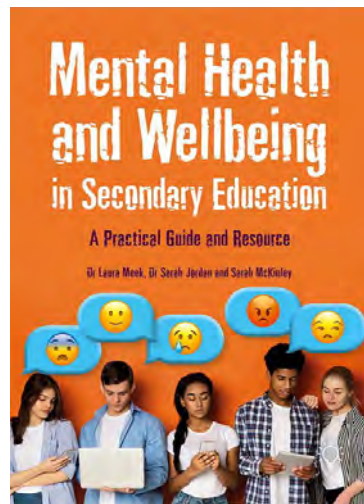
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Trauma Informed aims to create increased therapeutic and empathetic understanding of adolescents and their traumas. This comprises grounding techniques for calming down or boosting energy, advice for self-care via good sleep and nutrition, and guidance for enabling troubled young people.

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By **Laura Meek Sarah Jordan and Sarah McKinley**  
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